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Low Level Exposure to Air Pollution and Risk of Adverse Birth Outcomes in Hillsborough County, Florida

Maria B. Mainolfi

University of South Florida, mmainolf@health.usf.edu

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Low Level Exposure to Air Pollution and Risk of Adverse Birth Outcomes in
Hillsborough County, Florida

by

Maria B. Mainolfi

A thesis submitted in partial fulfillment
of the requirements of the degree of
Master of Science in Public Health
Department of Environmental and Occupational Health
College of Public Health
University of South Florida

Major Professor: Hamisu M. Salihu, M.D., Ph.D.
Alfred K. Mbah, Ph.D.
Thomas Truncale, D.O., M.S.P.H.

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Lead, Low Birth Weight, Small for Gestational Age, Preterm Birth

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TABLE OF CONTENTS

List of Tables	iii
List of Figures	v
Abstract	vi
Introduction.....	1
Background.....	3
Literature Review.....	10
Materials and Methods.....	14
Statistical Analysis.....	19
Results.....	22
Discussion and Conclusion.....	36
References	42
About the Author	END PAGE

LIST OF TABLES

Table 1: Literature Review	12
Table 2: Maternal demographic characteristics	23
Table 3: Demographic and pregnancy complications of women in the study	24
Table 4: EPA National Air Pollution Standards compared to compared to pollutant levels in Hillsborough County.....	25
Table 5: National proportion of pregnancy complications compared to those in Hillsborough County, Florida (2000-2007)	25
Table 6: National infant morbidity statistics compared to those in Hillsborough County, Florida (2000-2007)	25
Table 7: Results of Exploratory Factor Analysis	26
Table 8: Parameter estimates from structural equation modeling	26
Table 9: Quartile data odds ratios and 95% confidence intervals compared across pollutants and outcomes.....	27
Table 10: Mantel-Haenszel Chi Square P-Values for Adjusted Quartile data	32
Table 11: Trimester data odds ratios and 95% confidence intervals compared across pollutants and outcomes.....	34

LIST OF FIGURES

Figure 1: Ambient air CO in State of Florida compared to national standard over the past decade	4
Figure 2: Ambient air NO in State of Florida compared to national standard over the past decade	5
Figure 3: Ambient air Lead in State of Florida compared to national standard over the past decade	6
Figure 4: Ambient air Ozone in State of Florida compared to national standard over the past decade	7
Figure 5: Ambient air PM ₁₀ in State of Florida compared to national standard over the past decade	8
Figure 6: Path diagram composed of the measurement and structural model for the proposed analysis	21

ABSTRACT

In this retrospective cohort from 2002 through 2007, 104,003 singleton live births in Hillsborough County, Florida were analyzed to elucidate the relationship between fetal-infant morbidity outcomes and prenatal exposure to six criteria air pollutants. This study is based on three linked databases: The Florida Hospital Discharge database; The vital statistics records of singleton live births; Air Pollution meteorological data from the Environmental Protection Agency. There are six common air pollutants, particulate matter 2.5 (PM_{2.5}), particulate matter 10 (PM₁₀), ground-level ozone (O₃), carbon monoxide (CO), nitrogen (NO_x), and lead (Pb). These pollutants are harmful to human health and the environment. The primary outcomes of interest were low birth weight (LBW), preterm births, and small for gestational age (SGA). The intent of this project is to address these issues of air pollution effects and the methodology surrounding the study of air pollution.

Using modeling, exposure values of the six criteria air pollutants were assigned to mothers over their period of pregnancy. To address these methodological concerns, this study utilizes the structural equation modeling, quartile groupings with dose response, and trimester groupings to evaluate the relationship between air pollution and birth outcomes of pregnant residents.

Using structural equation modeling a significant B value of 0.35 indicated that exposure to the six criteria pollutant in pregnancy may have a significant relationship to

all five birth outcomes if they are broken down into latent variables. Quartile data demonstrated that NO_x seemed to have most significant associations with all outcomes with a dose response for SGA. PM₁₀ and PM_{2.5} had some association to LBW and VLBW at high levels. PM₁₀ demonstrated significance in the higher doses for SGA. However, the only dose response relationship that was demonstrated for PM₁₀ and PM_{2.5} was in VLBW. PM₁₀ also demonstrated a dose response with very preterm. If sub-divided into trimester data, PM₁₀ demonstrated a significant relationship between exposures in all trimesters and LBW, VLBW, and SGA. PM_{2.5} demonstrated a significant relationship between exposures in all trimesters and VLBW. CO demonstrated a significant relationship in the 2nd trimester for LBW as well as for SGA.

Mothers and their babies are a vulnerable population who are more susceptible to lower levels of pollution. These air pollutants can possibly have long-term effect on their children. Implantation of laws and regulations, warning system, or more strict EPA standards may be needed to adequately control the cost to our society.

INTRODUCTION

As the evidence for global warming becomes all too apparent, the nation looks for alternative fuel and resources to reduce air pollution and disruption to the natural environment. Air pollution is common to all cities and exists in high concentrations in areas of heavy traffic or near industrial plants (Environmental Protection Agency [EPA, 2009],). Air pollutants not only cause global warming, but also have deleterious effects on human health. In response, the Environmental Protection Agency developed national standards under the Clean Air Act of 1970. In 1990, twenty years after the Clean Air Act was established, more than 200,000 premature deaths were prevented, and almost 700,000 cases of chronic bronchitis were avoided (Moore et al., 2007). Furthermore, total emissions of the six principal air pollutants have decreased by more than 41 percent (Moore et al., 2007). While these national standards were developed to minimize the effect of air pollutants on adults, little is known about the safe ranges of air pollutants for vulnerable populations, such as pregnant women and their children. This is worrisome, as current research suggests poor prenatal outcomes are associated with exposure to poor air quality (Ballester et al., 2010; Bremmer et al., 2004).

Due to the mounting evidence (as demonstrated in the Literature Review Section of this thesis) of the vulnerability of children to air pollutants, there has been a growing interest in research focusing on the effects or potential impact of prenatal exposure. Clinical trials are rare in this population and unfeasible in many circumstances. Using an

observational study design, researchers have examined the association between exposure to air pollution and a number of birth outcomes, including birth weight (Ballester et al., 2010; Gouveia et al., 2004), birth defects (Hansen et al., 2009; Ren et al., 2010), and post-neonatal infant mortality and morbidity (Suwanwaiphatthana et al., 2010; Woodruff et al., 1997). Unfortunately, these studies have produced inconsistent results, as detailed subsequently in the Literature Review Section of this thesis. The methodological issues seem to permeate most of these published results because of the challenges posed by the validity of modeling approaches. Current analyses that attempt to capture the association between exposure to these pollutants and birth outcomes depend on single multiple comparisons (Denmark, 2007). A problem with such an approach is that multiple testing is ignored and the final result may not be quite accurate (Denmark, 2007). Another concern with this one-to-one single multiple analyses is that it is assumed that all the responses reflect the same underlying variable, a notion that may be quite misleading in many instances (Denmark, 2007). Accordingly, we undertook this study to assess the impact of exposure to PM₁₀, PM_{2.5}, CO, NO₂, ozone, and lead on fetal morbidity outcomes using a more complex but accurate model that takes into account latent variables and multiple analyses. In addition, we further analyzed our data using gradation of exposures (quartiles) and trimester groupings.

BACKGROUND

Insults to the embryo are of critical concern as any potentially harmful exposure at this stage can affect organogenesis. The developing fertilized egg from the time it implants in the uterus up to eight completed weeks of pregnancy is defined as the embryo. After this time until the end of pregnancy, the developing offspring is considered a fetus. The end of pregnancy is considered normal at 38 to 40 weeks. Exposure assessment, especially during pregnancy, is a major challenge in most pollution studies. Ideally, exposure per pollutant per person would be desirable. However, researchers have to rely on estimates using distances from residence to the monitors on a regional scale.

Carbon monoxide (or CO) is a common environmental pollutant and the EPA's health-based national air quality standard is 9 ppm (parts per million). Air pollution due to CO gas comes principally from motor vehicle exhaust. The proximity to a home or work area to traffic can significantly alter the exposure (EPA, 2009). Health problems associated with carbon monoxide include reduction of oxygen delivery to body organs and tissues. At high levels, CO is associated with visual impairment, reduced work capacity, impaired dexterity, poor learning ability, and difficulty in performing complex tasks. Figure 1 shows the yearly ambient air CO as captured in the State of Florida compared to national standard over the past decade.(retrieved from www.epa.gov)

CO Air Quality, 1990 - 2009
 (Based on Annual 2nd Maximum 8-hour Average)
 Tampa-St. Petersburg-Clearwater, FL
 SITE=121030018 POC=1

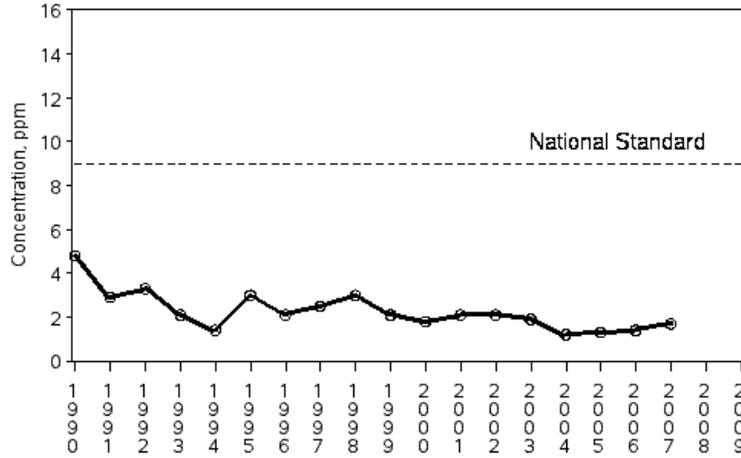


Figure 1: Ambient air CO in State of Florida compared to national standard over the past decade (EPA, 2009)

Nitrogen dioxide (or NO₂) is one of a group of highly reactive gasses known as "oxides of nitrogen" or "nitrogen oxides (NOx)." The EPA's health-based national air quality standard is 0.053 ppm (EPA, 2009). Air pollution due to NOx gas comes principally from motor vehicle exhaust (EPA, 2009). The proximity to a home or work area to traffic can significantly alter the exposure. It is a strong oxidizing agent that reacts with oxygen to form a highly corrosive nitric acid, as well as toxic organic nitrates, and contributes to smog production (EPA, 2009). Health problems associated with NOx include lung irritation and susceptibility to infections, such as influenza (Goings et al., 1989). In Florida, despite overall downward trend since 1986, it has only been by a marginal percentage 6% between 1986-1995 (Figure 2) (EPA, 2009).

NO2 Air Quality, 1990 - 2009
 (Based on Annual Arithmetic Average)
 Orlando, FL
 SITE=120952002 POC=1

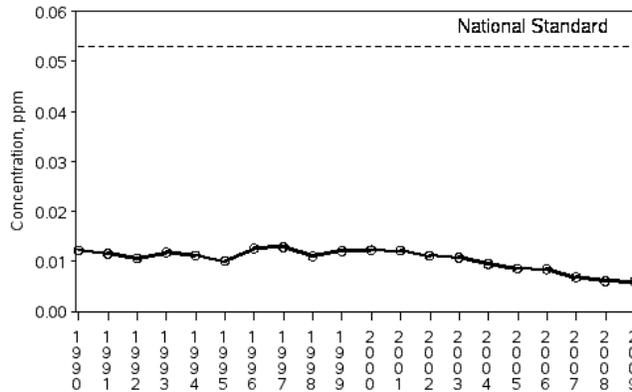


Figure 2: Ambient air NO in State of Florida compared to national standard over the past decade (EPA, 2009)

Lead has been used for centuries as a pesticide, in making pottery and piping, as an additive for gasoline, paint and even in food. Lead is widely dispersed and can be found in virtually all environment and animal tissue including the most remote locations of Antarctica (EPA 2009). EPA's health-based national air quality standard is 1.5 micrograms/m³. Air pollution generally comes from smelt, battery plants, and lead paint. Health problems associated with lead inhalation include accumulation in the kidneys, liver, and nervous system, and can cause anemia, kidney disease, reproductive disorders, and neurologic impairment, such as seizures, mental retardation, and behavioral disorders (EPA, 2009). At low doses in children and fetuses, lead exposure is associated with nervous system damage and slowed growth (EPA, 2009). In Florida, there is a steady state above the national standard (Figure 3) (EPA, 2009).

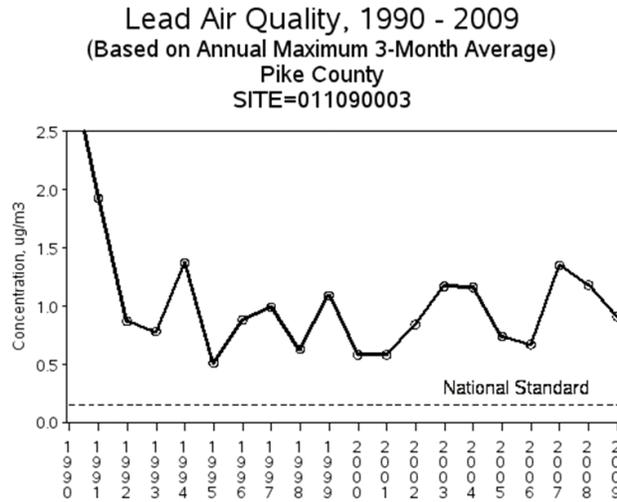


Figure 3: Ambient air Lead in State of Florida compared to national standard over the past decade (EPA, 2009)

Ozone is a naturally occurring gas and its levels have increased due mainly to man-made contributions. Ozone can drastically affect the progression of global warming. The EPA's health-based national air quality standard (the 3-year average of the fourth-highest daily maximum 8-hour average ozone concentration measured at each monitor within an area over each year) must not exceed 0.075 ppm (EPA, 2009). Ground-level ozone is not emitted directly into the air, but is created by chemical reactions between oxides of nitrogen (NO_x) and volatile organic compounds (VOC) in the presence of sunlight (EPA, 2009). Emissions from industrial facilities and electric utilities, motor vehicle exhaust, gasoline vapors, and chemical solvents are some of the major sources of NO_x and VOC (EPA, 2009). Health problems associated with ozone include chest pain, coughing, throat irritation, and congestion. It can worsen bronchitis, emphysema, and asthma. Ground-level ozone also can reduce lung function and inflame the linings of the lungs (EPA, 2009). Repeated exposure may permanently scar lung tissue. Average ozone levels declined in the 1980s, leveled off in the 1990s, and showed a notable decline after 2002 (Figure 4) (EPA, 2009).

Ozone Air Quality, 1990 - 2009
 (Based on Annual 4th Maximum 8-Hour Average)
 Tampa-St. Petersburg-Clearwater, FL
 SITE=120570081 POC=1

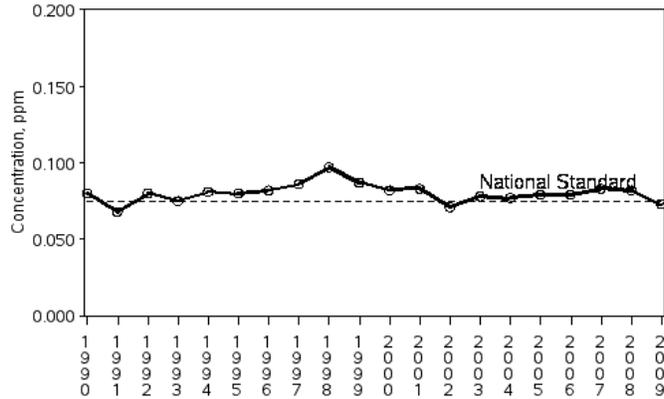


Figure 4: Ambient air Ozone in State of Florida compared to national standard over the past decade (EPA, 2009)

Particulate matter, also known as particle pollution or PM, is a complex mixture of extremely small particles and liquid droplets. The two types of particulate matter that are of health concern are: (1) PM₁₀, which are larger than 2.5 micrometers and smaller than 10 micrometers in diameter and (2) PM_{2.5}, which are fine particles 2.5 micrometers in diameter and smaller. The health effects occur because PM₁₀ is readily inhalable, and, because of their size, they are not filtered and penetrate deeply into the body and cause cardiovascular and respiratory disorder (EPA, 2009). Because the particles originate from a variety of mobile and stationary sources (diesel trucks, woodstoves, power plants, etc.), their chemical and physical compositions vary widely (EPA, 2009) Particulate matter can be directly emitted or can be formed in the atmosphere when gaseous pollutants such as SO₂ and NO_x react to form fine particles (EPA, 2009). Figure 5 shows temporal trends in the levels of PM₁₀ in Florida. The EPA did not report trends for PM_{2.5}.

PM10 Air Quality, 1990 - 2009
 (Based on Annual 2nd Maximum 24-Hour Average)
 Tampa-St. Petersburg-Clearwater, FL
 SITE=120570030 POC=1

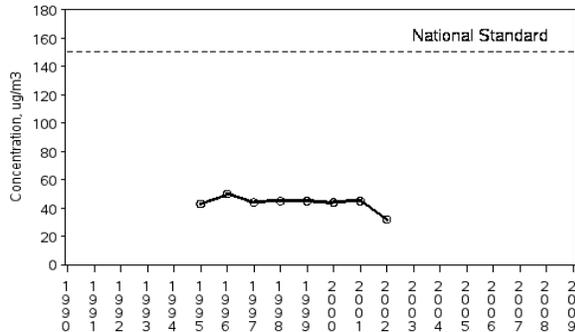


Figure 5: Ambient air PM 10 in State of Florida compared to national standard over the past decade (EPA, 2009)

The consequences of exposure examined in this study include preterm birth (PTB), small for gestational age (SGA), and low birth weight (LBW). PTB refers to delivery at less than 37 weeks gestation, while birth at less than 32 weeks is considered very preterm, and extremely preterm is defined as birth before 28 gestational weeks (WHO, 2004). When an infant is born preterm, internal organs are not mature enough to allow for normal postnatal survival. Preterm babies are at greater risk for short and long term complications, including disabilities, growth, and development problems. SGA babies are defined as those whose birth weight, length, or head circumference fall below the 10th percentile for that gestational age (Alexander et al., 1998). Not all fetuses who are SGA are pathologically growth restricted; some are considered to be constitutionally small (Maisonet et al., 2004). LBW is defined as the weight at birth of less than 2,500 grams, while very low birth weight is less than 1,500 grams. LBW is either the result of preterm birth or restricted fetal growth. LBW is also an important predictor of newborn

health and survival and is associated with elevated risk for infant and childhood mortality (WHO, 2004).

Of note, some studies indicate that prenatal hazards that restrict fetal growth may be associated with small but measurable delays in motor and social development through childhood and reduced cognitive development (Bacharach & Baumeister, 1998; Hack et al., 1991; Hediger et al., 2002;. An association between birth size and future development of diseases during adulthood, such as type 2 diabetes and coronary artery disease, has also been demonstrated (Godfrey & Barker, 2001; Phillips, 2000). It is believed that these associations arise from “early programming,” a theory that specifies that the changes in structure and function caused by environmental factors during critical and vulnerable periods of early development persist through adult life.

LITERATURE REVIEW

Results regarding the relationship between air pollution and birth weight are inconclusive, with some studies identifying associations where others did not, and the suite of adverse pollutants and exposure periods differing by study. For instance, higher levels of carbon monoxide were associated with low birth weight in southern California, São Paulo, Brazil, Sydney, Australia, and Seoul, South Korea (Gouveia et al., 2004; Ha et al., 2001; Maisonet et al., 2001; Mannes et al., 2005; Ritz et al., 2000; Salam et al., 2005). However, no association was identified in studies reported from the Czech Republic, Taiwan, Nevada, and California (Bobak et al. 2000; Parker et al., 2005).

Particulate matter (PM) with an aerodynamic diameter $<10 \mu\text{m}$ (PM_{10}) was linked with low birth weight in São Paulo, Southern California, Poland, Beijing, China, and Taiwan (Dejmek et al., 1999; Gouveia et al., 2004; Ha et al., 2001; Jedrychowski et al., 2004; Wang et al., 1998). However, there was no indication of a positive association between prenatal exposures to PM_{10} and LBW in the Northeast United States (Maisonet et al., 2001). One noteworthy study by Salihu et al. 2011 using the same data set demonstrated that women exposed (values above median) to PM 10 and PM 2.5 had an increased rate of low birth weight, very low birth weight and preterm birth. Black women had the greatest odds for all morbidity outcomes, with the greatest relationship to very low birth weight. (Salihu et al. 2011)

Studies on the effect of ozone were less in number and were not well defined for the outcomes of interest. One study in Australia demonstrated an association with increased risk of aortic artery and valve defects (Hansen et Al., 2005). Another study that looked at ozone, as well as CO and PM₁₀, found that ozone exposure during the second and third trimesters and CO exposure in the first trimester were associated with reduced birth weight (Salam et al., 2005).

A study conducted in Spain found that NO₂ exposure at >40 µg/m³ during the first trimester was associated with reduced birth length, birth weight, and birth height (Ballester et al., 2007). In studies conducted by Bobak et al (2000) and Landgren et al (1996), NO_x in all trimesters demonstrated a significant association with preterm delivery but not with LBW.

Lead as an air pollutant has been mostly ignored due to the abundance of research on its effects on children. Most studies that investigate air pollution omit lead from the reported pollutants. Further information is available in Table 1, which provides an overview of the literature review.

Table 1: Literature Review

Study (Authors)	Setting & Population Size	Pollutants	Publication Date	Data Source	Results
Ambient Air Pollution and Birth Defects in Brisbane Australia (Hansen, et al.)	Australia (N=150,308 Births)	Ozone, SO ₂ , NO ₂ , CO, and PM ₁₀	1998-2004	Queensland Health Perinatal Data Collection Unit	O ₃ was associated with an increase of aortic artery and valve defects. So ₂ was associated with cleft lip.
Birth Outcomes and Prenatal Exposure to Ozone, Carbon Monoxide, and Particulate Matter: Results from the Children's Health Study (Salam, et	California (N=6,259 Births)	Ozone, CO, and PM ₁₀	1975-1987	Children's Health Study	Ozone during the second and third trimesters and CO exposure in the first trimester were associated with reduced birth weight.

al.)					
Association between Ambient Air Pollution and Birth Weight in Sao Paulo, Brazil (Gouveia et al.)	Brazil (N=196,978 Births)	Ozone, CO, PM ₁₀ , NO ₂ , and SO ₂	1997	Ministry of Health in Brazil	CO exposure in the first semester was associated with reduction of birth weight by 23g.
Effect of Air Pollution on Preterm Birth Among Children Born in Southern California Between 1989 and 1993 (Ritz et al.)	Southern California (N=97,518 neonates)	CO, NO ₂ , ozone, and PM ₁₀	2000	California Department of Health Services	16-20% increase in preterm birth per 50-µg increase in ambient PM ₁₀ levels averaged over 10- 6 weeks before birth. PM ₁₀ effects showed no regional pattern. CO exposure 6 weeks only for inland
Estimated Risk for Altered Fetal Growth Resulting from	Poland	PM _{2.5}	2004	N/A	Predicted reduction in birth weight at an increase of exposure from 10 to 50 µg/m ³ was 140.3 g.

Exposure to Fine Particles during Pregnancy: An Epidemiologic Prospective Cohort Study in Poland (Jedrychowski et al.)					
Air pollution exposure during pregnancy and reduced birth size: a prospective birth cohort study in Valencia, Spain (Ballester et al.)	Valencia, Spain (N=785 Births)	NO ₂	2010	Data from the INMA cohort in Valencia, Spain	NO ₂ exposure >40 µg/m ³ during the first trimester was associated with a change in birth length of -0.27 cm and with a change in birth weight of -40.3 grams,. And change in birth height.
Association between air pollution and low	Beijing, China (N=74, 671	Total suspended particles and SO ₂	1997	1988-1991 Beijing Birth Registry	Significant exposure-response relationship between maternal exposure to SO ₂ and total suspended particles during the

birth weight: a community-based study (Wang et al.)	Births)				third trimester of pregnancy and infant birth weight.
Relation between ambient air pollution and low birth weight in the Northeastern United States (Maisonet et al.)	Northeast US	CO, PM ₁₀ , and SO ₂	2001	N/A	CO and SO ₂ increased the risk for term LBW. There was no indication of a positive association between prenatal exposures to PM ₁₀ and LBW.
Fetal growth and maternal exposure to particulate matter during pregnancy (Dejmek et al.)	Teplice District, Czech Republic	Total suspended particles and SO ₂	1999	All singleton full-term births of European origin over a 2-year period in the Teplice District	Adjusted ORs for IUGR related to ambient PM ₁₀ levels in the first gestational month increased along the concentration intervals. No other associations of IUGR risk with particulate matter were found.

METHODS AND MATERIALS

The study population includes all live births in Hillsborough County, Florida during the period from 2000 to 2007. The linked de-identified hospital discharge and vital statistics birth data for Hillsborough County had a total of 104,003 singleton live births for the study. Additionally, publicly available air pollution and meteorological data from the EPA (USA Air Quality System, <http://www.epa.gov>) were used for analysis. The pollutants were monitored at 14 different stationary monitoring stations located throughout Hillsborough County. Recordings from 2000 to 2007 were obtained and the 24-hour daily maximum concentrations were computed to assess exposure to air pollutants. The pollution data also included latitudes and longitudes, which were converted to zip codes manually using the Hillsborough Environmental Pollution Commission website. For maternal exposure assessment, the following steps were taken to assign air pollution exposures to each mother. We computed the Euclidian distances between the centroid of the mother's residential zip code during pregnancy and the centroid of each zip code of the 14 monitoring stations. Since there were 14 monitoring sites and 97 residential zip codes in Hillsborough County, we had a matrix with entries of 97×14 distances (each residential zip code had 14 computed distances). The monitoring site with the minimum distance was assigned to each residential zip code since this will be the monitor with the greatest exposure for the mothers within that zip code. If there were missing data from the closest site for a particular day of gestation, then the reading

was taken from the next closest site without missing data. If the daily readings were missing across all sites, then the daily exposure estimate was left as missing (Hansen et al., 2009).

The main outcomes of interest included low birth weight (LBW: <2,500 grams), very low birth weight (VLBW: <1,500 grams), preterm birth (PTB: <37 weeks), very preterm birth (VPTB: <33 weeks), and small for gestational age (SGA). We defined SGA as less than the 10th percentile of birth weight for a given gestational age using population-based national reference curves (Alexander et al., 1998). Gestational age was computed in weeks as the interval between the last menstrual period and the date of delivery of the fetus. When the menstrual estimate of gestational age was inconsistent with the birth weight (e.g., very low birth weight at term), a clinical estimate of gestational age on the vital records was used instead (Taffel et al., 1982). Dichotomous values were used for birth outcomes.

All demographic information was abstracted from birth certificate data. The variables included racial/ethnic status (white non-Hispanic, black non-Hispanic, Hispanic, or other); maternal age (<35 years or ≥ 35 years old at time of delivery); marital status (single [which includes women whose marital status was classified as unknown, widowed or divorced] or married); education (less than high school/12 years or high school/12 years or greater); parity (nulliparous or multiparous); pre-pregnancy obesity (obese: body mass index [BMI] ≥ 30 or non-obese: BMI < 30), cigarette smoking during pregnancy (yes or no), and adequacy of prenatal care (adequate or inadequate). BMI computation and comparison were only possible for births after February 2004 since the information for height and pre-pregnancy weight was not collected on the birth certificate

prior to this date. Adequacy of prenatal care was assessed using the revised graduated index algorithm, which has been found to be more accurate than several others, especially in describing the level of prenatal care utilization among groups that are high risk (Alexander et al., 1996). This index assesses the adequacy of care based on the trimester prenatal care began, number of visits, and the gestational age of the infant at birth. Pre-pregnancy BMI was calculated from height and pre-pregnancy weight, as recorded on the birth certificate. Maternal demographic characteristics are outlined in Table 2. All of these characteristics are considered potential confounders of birth outcomes and were controlled for in the analysis. Maternal pregnancy complications obtained from the hospital discharge data, based on ICD-9 principal and other diagnostic codes, included anemia, gestational diabetes, diabetes mellitus, gestational hypertension and chronic hypertension, preeclampsia, eclampsia, placental abruption, and placental previa. Researchers have observed improved accuracy with discharge data compared to the birth certificate data in terms of maternal pregnancy complications (Kahn et al., 2009; Lydon-Rochelle et al., 2005). A general logistic/ linear regression model was built to link birth outcomes to exposure level within strata of one zip code. This allowed us to group women according to measuring station and also to each other.

Maternal exposure to air pollution during pregnancy was estimated using date of birth of the infant and the length of each gestational age. This results in weekly exposure data for each pregnancy. Because our interest was in maternal exposure occurring throughout pregnancy since studies have shown that air pollution exposure may interfere with placental development and subsequent oxygen and nutrient delivery to the fetus throughout pregnancy (Lee et al., 2003). Exposure data was then grouped into quartiles

for each pollutant. The quartiles were grouped so that the lowest 25% of exposures would serve as the baseline measure. From the quartile exposure data for each pollutant odds ratios and confidence intervals were computed. Adjusted odds ratios were generated after controlling for year of birth, education, maternal age, tobacco use, parity, marital status adequacy of prenatal care, gender of the infant, anemia, gestational diabetes, diabetes mellitus, gestational hypertension, chronic hypertension, preeclampsia, eclampsia, placenta abruption, placenta previa, and renal diseases. Quartile data allowed for the determination of a dose response relationship between exposure dose and risk for adverse fetal morbidity outcome using chi-square test for trend.

To determine which trimesters were critical, we calculated trimester specific exposure outcome odds ratios and confidence intervals. We proceeded by excluding women who delivered before 37 weeks in order to have the full range of exposure in all trimesters. As a result, we decided to limit our outcomes to low birth weight and small for gestational age since a significant proportion of women with preterm birth would not have all trimester values. To this end, we created eight groups based on whether the mother was exposed to above the median level of exposure during the first trimester only, second trimester only, third trimester only, in both first and second trimesters, in both first and third trimesters, in second and third trimesters or in all trimesters. First trimester only exposure groups were from last menstrual period to week 13. The second trimester exposure groups were from week 14 to week 28. The third trimester groups were from week 29 to week 44. Preliminary analysis revealed that mothers were not exposed to above the median level of pollutants during the first trimester only, third trimester only, in both first and second trimesters, in both first and third trimesters. That left us with four

comparison groups where mothers were exposed to above median levels of pollutants. The reference group consisted of pregnant mothers who were unexposed in all three trimesters. The second group consisted of pregnant mothers who were exposed to above median levels of pollutants in the second trimester only, while the third group consisted of pregnant mothers who were exposed to above median levels of pollutants in the second trimester and third trimester. The fourth group consisted of pregnant mothers who were exposed in all groups.

STATISTICAL ANALYSIS

Exploratory factor analysis was then performed to determine if any of the pollutants could be grouped together to determine if they contributed to the latent factor with similar pattern. The results of this analysis are provided in Table 3. From this analysis, it was determined that primary and secondary pollutants could be grouped together; however, the correlation was weak, and no convergence was achieved when structural equation modeling (SEM) was used.

SEM, also called simultaneous equation model, was used to investigate the association between the mentioned six criteria pollutants (measured as continuous variables) and three categories of birth outcomes (measured as dichotomous variables). SEM is a tool for analyzing multivariate data and set up to model relationships among endogenous and exogenous latent variables, accounting for measurement error. Latent variables summarize the information and reduce the dimension of observed variables. Consequently, SEM is often regarded as more appropriate theoretically because of its ability to capture a series of relationships simultaneously. In this model (Figure 6), let \mathbf{X} be a 6-dimensional observed vector with continuous elements used to measure a continuous latent variable. \mathbf{X} in our model is pollutant observed. Let η_i be categorical latent variable and let \mathbf{Y} be a 3-dimensional observed vector with binary elements used to measure a continuous latent variable in our model is the observed outcome. The symbol ζ represents covariates outlined in table 1 (socio-demographic variables, including age, race,

education, etc. as previously listed in this section). The term ξ represents errors in the outcome measurements. The term δ represents errors in the exposure measurements. The symbol λ represents the direct effect of latent variables on observed variables. Our model will leave us with a conditional distribution of η given ξ based on the observed X and Y variables calculated with error and covariates taken into consideration. Figure 6 provides a representational model of the observed and latent variables, which was derived from the model in latent class regression on latent factors model. Further explanation of this complex mathematical model can be found in the appendix.

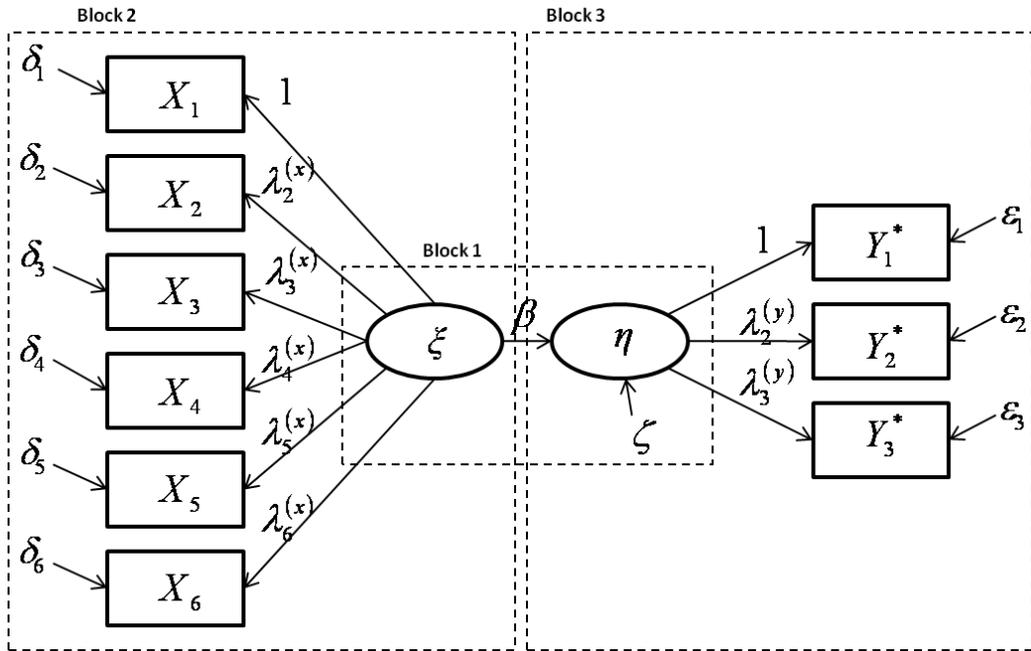


Figure 6: Path diagram composed of the measurement and structural model for the proposed analysis

RESULTS

The overall sample consisted of 103,961 singleton births from data years 2000 to 2007. Socio-demographic information of women in the study is presented in Tables 2 and 3. Since a woman can fall within all three exposure categories, p-values were not computed. Maternal socio-demographic information for Pb, CO, PM₁₀, PM_{2.5}, NO_x, and ozone is presented in Table 3. As presented in this table, no significant deviation existed in the socio-demographics or pregnancy complications in all three exposure variables considered in the study.

Table 2: Maternal demographic characteristic.

Characteristics	Proportion	Frequency
Advanced for age (≥ 35 years old)	13.68%	28,517
Education (≥ 12 years)	66.41%	13,847
Married	59.43%	123,912
Smokers	6.59%	13,748
Adequate prenatal care	99.92%	121,136
Obesity *	8.89%	18,545
Nulliparity	33.66%	70,185
Race		
White	51.61%	107,608
Black	20.28%	42,281
Hispanic	16.79%	35,002
Other	11.33%	2,361
<i>* Some of the obesity data is missing because it was not reported until after 2004.</i>		

Table 3: Proportions of demographic characteristics and pregnancy complications among women in the study

Characteristics	CO n=199,934	Pb n=208,216	PM ₁₀ n=121,234	PM _{2.5} n=104,845	NO n=208,198	Ozone n=208,216
Race/Ethnicity						
White	51.29	51.6	51.1	51.67	51.6	51.6
Black	20.63	20.28	20.02	20.25	20.28	20.28
Hispanics	16.95	16.8	16.45	16.81	16.8	16.8
Other	11.13	11.32	12.44	11.27	11.32	11.32
Maternal age						
<35 years	86.3	86.33	86.12	86.34	86.33	86.33
≥35 years	13.7	13.67	13.88	13.66	13.67	13.67
Maternal education						
<12 years	19.35	19.22	18.94	19.21	19.22	19.22
≥12 years	79.92	80.08	80.38	80.09	80.08	80.08
Not recorded	0.73	0.7	0.68	0.7	0.7	0.7
Marital status						
Unmarried	40.66	40.58	40.84	40.51	40.57	40.57
Married	59.34	59.42	59.16	59.48	59.42	59.42
Smoking status						
Smokers	92.18	92.07	92.13	92.06	92.07	92.07
Non-smokers	6.57	6.59	6.38	6.61	6.59	6.59
Not recorded	1.25	1.33	1.49	1.33	1.33	1.33
Parity status						
Nulliparous	33.71	33.67	33.69	33.67	33.67	33.67
Multiparous	65.74	65.79	65.72	65.8	65.79	65.79
Not recorded	0.55	0.54	0.59	0.53	0.54	0.54
Adequacy of prenatal care						
Inadequate	32.74	33.49	34.25	33.44	33.49	33.49
Adequate	67.26	66.51	65.75	66.56	66.51	66.51
Overall pregnancy complications *						
No	75.8	75.76	75.54	75.73	75.76	75.76
Yes	24.2	24.24	24.46	24.27	24.24	24.24
* Overall pregnancy complications: Composite variable for the presence of at least one of the observed pregnancy complications -- anemia, gestational diabetes, diabetes mellitus, gestational hypertension, chronic hypertension, preeclampsia, eclampsia, placenta abruption, placenta previa, and renal diseases.						

The six criteria pollution levels were also compared to the EPA National Standard (see Table 4). For CO, the mean (\pm SD) was 1.25 ppm (\pm 0.33), range= 0.3 to 3.075 ppm values; for Pb, the mean (\pm SD) was 0.13 ppm (\pm 0.1), range from 0 to 1.25 ppm; for PM₁₀, the mean (\pm SD) was 24.9 ppm (\pm 4.2 micrograms/m³, range=11.5 to 42 micrograms/m³; for PM_{2.5}, the mean (\pm SD) was 11.3 (\pm 1.2 micrograms/m³), range=7.5 to 35.8; for NO_x, the mean (\pm SD) was 0.02 micrograms/m³ (\pm 0.004), range=0.01 to 0.04 micrograms/m³; and for ozone, the mean (\pm SD)=0.04 ppm (\pm 0.004), range=0.03 to 0.05 ppm. The proportions of pregnancy complications within the study population, as compared to national averages, are reported in Table 5, while the frequencies of preterm births, small for gestational age, and low birth weight are reported in Table 6. These values are also compared to national averages.

Additionally, the results of the exploratory factor analysis are shown in Table 7. Ozone and particulate matter (PM), which are primary and secondary pollutants, respectively, and were grouped together based on the correlation data in table 6. Furthermore, CO, SO₂, NO_x, and lead were grouped together. CO, SO₄, NO_x, and lead are primary pollutants.

Table 8 presents maximum likelihood estimates for the parameters of the model along with the goodness of fit statistics (RMSEA, CFI, TLI). We also estimated the model when all observations from the analysis that had missing values on one or more of the variables were deleted. Even though the model fitted the data in both scenarios, the model that had missing data deleted fit the data better. The estimate (as presented in Table 8) of 0.35 with a confidence interval of 0.17 to 0.53 suggests an association between higher pollutant levels and adverse feto-infant morbidity outcomes.

Table 4: EPA National Air Pollution Standards compared to pollutant levels in Hillsborough County, Florida (2000-2007) (EPA, 2009)

Pollutants	Hillsborough County Average	Hillsborough County Range	National Standard
CO (ppm)	1.25ppm	0.3-3.057 ppm	9ppm per 8hrs.
NO (micrograms/m3)	0.02 ug/m3	0.01-0.04ug /m3	0.053ug/m3
Pb (ppm)	0.13ppm	0-1.25ppm	1.5ppm
Ozone (ppm)	0.04ppm	0.03-0.05ppm	0.075ppm
PM ₁₀	4.2ug/m3	11.5-42 ug/m3	150ug/m3
PM _{2.5}	11.3 ug/m3	7.5-35.8 ug/m3	35.0ug/m3

Table 5: National proportion of pregnancy complications compared to those in Hillsborough County, Florida (2000-2007) (WHO, 2007)

Pregnancy Complications	Proportion	Frequency	National %
Anemia	9.97%	187717	18%
Gestational diabetes	5.72%	11937	2-10%
Diabetes mellitus	0.71%	1480	8.30%
Gestational hypertension	4.82%	10058	5-7%
Chronic hypertension	1.45%	3019	8-10%
Preeclampsia	3.70%	7721	4-6%
Eclampsia	0.07%	150	4%
Abruption	0.85%	1582	0.40%

Table 6: National infant morbidity statistics compared to those in Hillsborough County, Florida (2000-2007) (WHO, 2008)

Infant Morbidity	Proportion	Frequency	National %
Pre-term birth	9067/99671	9.10%	12.20%
Small for gestational age	8412/99671	8.40%	14%
Low Birth Weight	6420/99671	6.40%	8.20%

Table 7: Results of Exploratory Factor Analysis

Pollutants	1 Factor *	2 Factors *
PB	-0.57	-0.221
NO	0.888	-0.011
CO	0.588	0.004
Ozone	-0.288	0.641
PM _{2.5}	0.481	0.622
PM ₁₀	-0.129	0.166
* Factor 1=Pb, NO, CO, PM10; Factor 2=Ozone, PM25, PM		

Table 8: Parameter estimates from structural equation modeling

	Without missing values			With missing values		
	Estimate	S.E. *	P-Value	Estimate	S.E.*	P-Value
B	0.42	0.1	<0.001	0.35	0.09	<0.001
RMSEA	0.058			0.062		
CFI	0.963			0.953		
TLI	0.949			0.935		
* S.E. = Standard Error						

The quartile data demonstrates OR that were significant for a relationship between PM_{2.5} and PM₁₀ in the upper quartile for LBW (PM_{2.5}: OR=1.152, 95% CI=1.052-1.253; PM₁₀: OR=1.179, 95% CI=1.103-1.260) and VLBW (PM_{2.5}: OR=1.19, 95% CI=1.02-1.4; PM₁₀: OR= 1.2, 95% CI=1.007-1.43). PM₁₀ also demonstrated an OR that was significant in the upper quartile for SGA (OR=1.116, 95% CI-1.052-1.184). Nitrous oxide (NOx) demonstrated a significant association in the middle and upper quartiles for LBW (middle quartile: OR=1.15, 95% CI= 1.093-1.217; upper quartile: OR=1.11, 95% CI=1.041-1.185). There was also a significant association in the middle quartile for preterm outcomes (OR middle quartile =1.09, 95% CI=1.046-1.145) but not

for the upper or lower quartile. Nitrous oxide (NO_x) also demonstrated a significant association in all quartiles for small for gestational age (lower quartile: OR=1.08, 95% CI=1.033-1.132; middle quartile: OR=1.15, 95% CI=1.098-1.209; upper quartile: OR=1.2, 95% CI=1.32-1.270). Carbon monoxide (CO) demonstrated a significant relationship in the upper and lower quartile for low birth weight (upper quartile: OR=1.15, 95% CI=1.083- 1.224; lower quartile: OR=1.15, 95% CI=1.093-1.210) and small for gestational age outcomes (lower quartile: OR=1.08; 95% CI=1.032-1.130; upper quartile: OR=1.12; 95% CI=1.066-1.186) but not for the middle quartile. CO also demonstrated a significant association in all quartiles for preterm birth (lower quartile: OR=1.18, 95% CI=1.131-1.234; middle quartile: OR=1.06, 95% CI=1.016-1.112; upper quartile: OR=1.16, 95% CI=1.101-1.219). VPTB did not show any significant relationship.

Table 9: Quartile data OR and CI compared across pollutants and outcomes *

	LBW		PTB		SGA		VLBW		VPTB	
	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI
PM_{2.5}										
Lower Quartile	0.91	0.85-0.98	0.89	0.841-0.951	1.05	0.990-1.124	0.673	0.560-0.810	0.721	0.608-0.854
Middle Quartile	1.02	0.95-1.10	1.01	0.949-1.070	1.05	0.985-1.118	0.723	0.605-0.865	0.71	0.6-0.840
Upper Quartile	1.15	1.05-1.25	1.05	0.976-1.138	1.05	0.971-1.143	1.194	1.016-1.403	1.132	0.971-1.32
PM₁₀										
Lower Quartile	1.05	0.981-1.124	0.98	0.921-1.032	1	0.928-1.046	0.997	0.828-1.200	0.995	0.839-1.181
Middle Quartile	1.07	0.998-1.43	1.06	0.997-1.117	1.04	0.976-1.101	1.072	0.893-1.288	1	0.843-1.186
Upper Quartile	1.18	1.103-1.260	1.04	0.983-1.101	1.12	1.052 - 1.184	1.201	1.007-1.433	1.088	0.922-1.283
Carbon Monoxide										
Lower Quartile	1.15	1.093-1.210	1.18	1.131-1.234	1.08	1.032-1.130	1.021	0.857-1.217	1.027	0.869-1.213
Middle Quartile	0.97	0.923-1.027	1.06	1.016-1.112	1.03	0.989-1.085	0.816	0.679-0.981	0.866	0.728-1.029
Upper Quartile	1.15	1.083-1.224	1.16	1.101-1.219	1.12	1.066-1.186	0.946	0.791-1.32	0.981	0.829-1.162
Nitrogen Dioxide										
Lower Quartile	1	0.0948 - 1.051	0.93	0.889-0.971	1.08	1.033-1.132	0.793	0.662-0.949	0.783	0.66-0.928
Middle Quartile	1.15	1.093-1.217	1.09	1.046-1.145	1.15	1.098-1.209	0.521	0.231-1.175	0.554	0.261-1.179
Upper Quartile	1.11	1.041-1.185	1.03	0.975-1.088	1.2	1.32-1.270	0.86	0.717-1.031	0.897	0.756-1.064

Lead										
Lower Quartile	0.95	0.905-1.003	0.96	0.918-1.001	0.95	0.909-0.995	1.012	0.85-1.205	1.002	0.849-1.183
Middle Quartile	0.77	0.725-0.817	0.87	0.828-0.916	0.92	0.873-0.968	0.742	0.612-0.899	0.74	0.62-0.89
Upper Quartile	0.93	0.878-0.986	1.03	0.981-1.083	0.9	0.851-0.945	1.087	0.914-1.292	1.137	0.966-1.338
Ozone										
Lower Quartile	0.86	0.814-0.899	0.84	0.809-0.880	1.01	0.966-1.055	0.693	0.582-0.825	0.659	0.561-0.775
Middle Quartile	0.82	0.781-0.864	0.79	0.761-0.829	1	0.947-1.036	0.687	0.575-0.820	0.601	0.508-0.711
Upper Quartile	0.93	0.888-0.980	0.88	0.846-0.920	1.02	0.938-1.027	0.954	0.809-1.126	0.869	0.745-1.014
<i>Abbreviations: LBW = Low Birth Weight; PTB = Preterm Birth; SGA = Small for Gestational Age; VLBW = Very Low Birth Weight; VPTB = Very Preterm Birth; OR = Odds Ratio; CI = Confidence Intervals</i> <i>* Significant values in bold font.</i>										

Chi-square for linear dose-response relationships was performed, and results are provided in Table 10. Significant p-values demonstrated that there was a significant dose response for PM_{2.5} and PM₁₀ for VLBW. Ozone had a significant dose response for all outcomes. Lead had a significant dose response for preterm outcomes. Nitrogen dioxide (NO₂) had a significant dose response for SGA outcomes. CO had no significant dose response. See table 9 for quartile data OR and CI compared across pollutants and outcomes. See table 10 for Mantel-Haenszel Chi Squared P value for adjusted quartile data.

Table 10: Mantel-Haenszel Chi Square P-Values for Adjusted Quartile data *

Pollutants	LBW	VLBW	PTB	VPTB	SGA
PM 2.5	0.781	0.0319	0.8573	0.2269	0.7386
PM 10	0.0001	0.0002	0.0109	0.009	0.0001
Carbon Monoxide	0.944	0.623	0.0765	0.9004	0.0909
Nitrogen Dioxide	0.6715	0.4831	0.5987	0.6161	0.0112
Lead	0.28	0.85	0.0449	0.3187	0.499
Ozone	0.0011	0.05	0.0001	0.0007	0.0173
<p><i>Abbreviations: LBW = Low Birth Weight; PTB = Preterm Birth; SGA = Small for Gestational Age; VLBW = Very Low Birth Weight; VPTB = Very Preterm Birth</i> <i>* Significant values in bold font. P-values < 0.05 considered significant.</i></p>					

Results for the trimester group data demonstrated significant relationship between PM_{10} and LBW, VLBW, and SGA when the mother was exposed to above median levels for all three trimesters (LBW: OR=1.15, 95% CI=1.066-1.228; VLBW: OR=1.2, 95% CI=1.007-1.433; SGA: OR=1.122, 95% CI=1.054-1.195) (Table 11). $PM_{2.5}$ demonstrated a significant relationship to VLBW when the mother was exposed in all trimesters (OR=1.194, 95% CI=1.016-1.403). Carbon monoxide (CO) demonstrated a significant relationship to LBW and SGA in the second trimester only (LBW: OR=1.15, 95% CI=1.068-1.232; SGA: OR=1.097; 95% CI=1.029-1.169). Lead demonstrated a significant relationship to LBW when the mother was exposed in all trimesters (OR=1.11, 95% CI=1.028-1.184). No deleterious relationship was demonstrated for ozone or nitrogen oxides.

Table 11: Trimester data OR and CI compared across pollutants and outcomes

	LBW		VLBW		SGA	
	OR	95% CI	OR	95% CI	OR	95% CI
PM_{2.5}						
2nd Trimester only	0.91	0.846-0.974	0.673	0.560-0.810	1.03	0.971-1.10
1st and 3rd Trimester	0.97	0.820-1.025	0.723	0.605-0.865	1.06	0.991-1.122
All Trimester	0.98	0.909-1.046	1.194	1.016-1.403	1.01	0.94-1.071
PM₁₀						
2nd Trimester only	1.03	0.952-1.101	1	0.828-1.2	1	0.938-1.067
1st and 3rd Trimester	1.05	0.971-1.122	1.07	0.893-1.288	1.03	0.963-1.094
All Trimester	1.15	1.066-1.228	1.2	1.007-1.433	1.122	1.054-1.195
Carbon Monoxide						
2nd Trimester only	1.15	1.068-1.232	1.02	0.857-1.217	1.097	1.029-1.169
1st and 3rd Trimester	0.92	0.853-0.989	0.82	0.679-0.981	1.015	0.950-1.082
All Trimester	0.99	0.923-1.067	0.947	0.791-1.132	1.037	0.972-1.107
Nitrogen Dioxide						
2nd Trimester only	0.93	0.865-0.998	0.8	0.662-0.949	1.05	0.982-1.115
1st and 3rd Trimester	0.71	0.531-0.936	0.52	0.231-1.175	1.01	0.803-1.264
All Trimester	0.91	0.845-0.979	0.86	0.717-1.031	1.07	1.00-1.140
Lead						
2nd Trimester only	1.02	0.83-1.44	1.012	0.850-1.205	1	0.920-1.043
1 st and 3rd Trimester	0.91	0.846-0.982	0.74	0.612-0.899	1	0.93-1.057
All Trimester	1.11	1.028-1.184	1.09	0.914-1.292	1	0.916-1.041
Ozone						
2nd Trimester only	0.85	0.793-0.912	0.7	0.582-0.825	1	0.943-1.069
1 st and 3rd Trimester	0.863	0.804-	0.687	0.575-	1.01	0.946-

		0.925		0.820		1.072
All Trimester	0.972	0.907- 1.042	0.96	0.809- 1.126	1	0.931- 1.057
<p><i>Abbreviations: LBW = Low Birth Weight; PTB = Preterm Birth; SGA = Small for Gestational Age; VLBW = Very Low Birth Weight; VPTB = Very Preterm Birth; OR = Odds Ratio; CI = Confidence Intervals</i></p> <p><i>* Significant values in bold font.</i></p>						

DISCUSSION AND CONCLUSION

Socio-demographic data of this study demonstrated no great deviation existed in the demographic or pregnancy complications in all exposure variables considered in the study. Pregnancy complications and morbidity outcomes were below the national percentages. Criteria pollutant ranges were also reported to be below the National Standards. When exploratory factor analysis was performed, primary and secondary pollutants did have some correlation, but it could not be adequately modeled by our SEM approach. The significant B value from our latent regression model is 0.35. This indicates that exposure to the six criteria pollutant in pregnancy may have a significant relationship to all five birth outcomes if they are broken down into latent variables. Explanation of this modeling is beyond the scope of this thesis and will be looked at further in future studies.

NO_x seemed to have most significant associations with all outcomes with a dose response for SGA. NO_x, however, had no significant response if the exposure was classified as an above median level and was broken down into trimesters. CO also had significant responses; however, the dose -response relationship did not support this association. CO did have a significant response if the data was broken down into trimesters. It demonstrated a significant relationship in the 2nd trimester for LBW, as well as for SGA. PM₁₀ and PM_{2.5} had some association to LBW and VLBW at high levels. PM₁₀ demonstrated significance in the higher doses for SGA. The only dose-response

relationship that was demonstrated for PM₁₀ and PM_{2.5} was in VLBW. PM₁₀ also demonstrated a dose response with very preterm; however, none of the individual results were significant. If sub-divided into trimester data, PM₁₀ demonstrated a significant relationship between exposures in all trimesters and LBW, VLBW, and SGA. PM_{2.5} demonstrated a significant relationship between exposures in all trimesters and VLBW. Ozone did not demonstrate any significance in quartile or trimester data; however, it did show a dose response for all outcomes. Lead did not demonstrate any significance in quartile data and only demonstrated significance in the trimester data if the mother was exposed in all trimesters.

From this data it can be suggested that PM₁₀ demonstrated the most significance using all statistical approaches. This study also produces many of the same results as prior studies. Multiple studies have also found an association between PM₁₀ and LBW (Dejmek et al., 1999; Gouveia et al., 2004; Ha et al., 2001; Jedrychowski, et al. 2004; Wang et al., 1998). PM_{2.5} did not have the same strength of association as PM₁₀. However, it is important to note that other studies only found an association when stratified for race (Maisonet et al., 2001). Similar to previous research, CO was associated with low birth weight (Gouveia et al., 2004; Ha et al., 2001; Maisonet et al., 2001; Mannes et al., 2005; Ritz et al., 2000; Salam et al., 2005). However, these studies did not assess dose-response as we did in our analysis.

Unlike other studies, NO_x did not show any significant results based on trimester (Ballester et al., 2010; Bobak et al., 2009; Landgren et al., 1996). However, in these studies, the results demonstrated significance for preterm delivery, which we controlled

for, since this could not produce valid results, as there was no comparison group for certain trimesters.

It can also be concluded that ozone had the least significance of the air pollutants under investigation. In our study, ozone did not have any significant effect on birth outcomes. However, in a study by Hanson and colleagues (2009), there was an association with aortic artery and valve defects. We did not assess these outcomes in our analysis. Additional outcome variables would have made this study more robust and possibly contribute to the overall understanding of the pathophysiology.

The suspected pathophysiology of morbidity and mortality from air pollution remains to be determined; however, scientists have suggested different theories, including disturbances of the pituitary-adrenocortico-placental system, disturbances of the uterine blood flow, and increased maternal susceptibility to infections. All of these effects could lead to premature rupture of membranes or premature contractions, resulting in preterm birth. CO causes low O₂ flow to organs and, thus, creates slowed or delayed growth. NOx possibly affects lungs of mothers, which could contribute to decreased maternal O₂ flow to fetus. PM_{2.5} penetrates deeper into the lungs, and, even though it is not clear how exactly they restrict fetal growth, some studies have shown that they alter cell activity or reduce the amount of oxygen and nutrients the fetus receives in utero (Rich, et al., 2009).

Some obvious strengths of this study include the study power and intrinsic temporality of the study. We had data for births from 2000 to 2007 and air pollution records for the same period. We controlled for several potential confounders, although we cannot rule out residual confounding due to unmeasured variables, as well as the determination of exposure by residential zip code.

A limitation of this study included the exposure analysis. The exposed group was created based on a population-level estimation of the values of the particulate pollutants, rather than the actual amount/concentration of the particulates detected in the individual's biologic sample (e.g., maternal blood). There is, therefore, a possibility of exposure misclassification because county-wide monitors were used to capture exposures at the individual level. This limitation is, however, not peculiar to our study, as other investigators have also had to manage this measurement error (Ballester et al., 2010; Hansen et al., 2009; Lee et al., 2003; Wooddruff et al., 1997). We were also unable to control for individual exposure variability induced by other factors, including distance from roads, traffic, place of work, seasonality, and period of time spent at the current address. Studies have also shown that 12-33% of women move from their initial address during pregnancy (Hansen et al., 2009), a potential source of non-differential misclassification, which could have led to an underestimate of the association between the three pollutants and feto-infant morbidity outcomes examined in this study. Measurement error could also be present if mothers spent a considerable amount of time outside of the perimeter of the residential air monitoring station.

The exploratory analysis data suggested that possibly air pollutants could be grouped together based on primary and secondary status. However, when further SEM analysis was performed, convergence was not obtained. This seems to suggest that the correct model takes into account that all pollutants simultaneously have the observed associated outcome and that possibly the pollutants taken as separate will not have as strong of an association. This may even contribute to the mixed results that prior studies

demonstrated using means and individually selecting relationships between exposures and birth outcome.

An excellent epidemiologic study to add to the body of knowledge of the cause of the disease would be a nested case-control study within a prospective cohort. This would be an important model in this type of study because the cases and controls come from the same well-defined population. This has the advantage of minimizing selection bias. The study cases could be selected from women in selected zip codes who were pregnant and gave birth to preterm infants. Controls could be selected from the same population who gave birth to normal term infants. Exact levels of exposures could be obtained. The mother's daily exposures could be monitored monthly with questionnaire, as well as with actual air sampling data. Air sampling data should be obtained at the mother's homes and at their place of work or any other frequented locations. Confounders could be monitored and better controlled for. Some potential confounding variable that should be monitored for include alcohol use, tobacco use, type of work, and time away from home. The sample size could be much smaller than the 97,518 women who were included in this study. The timeframe to complete this study would be 1 to 2 years, which would be sufficient to compile data from several full term pregnancies.

Biological monitoring would be a potential important factor in this study to suggest causation. Blood samples, cord blood, DNA samples, or interval ultrasounds could be performed to monitor any changes in the size of the fetus or in various markers in the mother's blood. Some markers could include hormone levels, white blood cell counts, or other hemopoetic indicators. Late in the pregnancy the possibility for an amniocentesis could be entertained as it would pose less risk to the fetus and could gather potentially

revealing data about the fetuses' genetics. Genetic susceptibility to air pollution causing babies to be born preterm could have great implications on public policy and EPA standards.

As these air pollutants continue to be a part of our daily life, the effects and pathophysiology should be made clear as the outcomes can have long lasting effects on society and our children. They can lead to adult-onset diseases, such as HTN, DM II, ischemic heart disease, or decreased brain growth. Some studies indicate that prenatal hazards that restrict fetal growth may be associated with small but measurable delays in motor and social development through childhood and reduced cognitive development (Bacharach & Baumeister 1998; Hack et al., 1991; Hediger et al.,2002). An association between birth size and future development of adult-onset diseases, such as type 2 diabetes and coronary artery disease has also been demonstrated (Godfrey & Barker, 2001; Phillips et al., 2000). Growth retardation, intellectual impairment, and poor health outcomes can follow the child into adulthood and significantly decrease productivity in society with potential for lifelong dependence on disability or accommodations both in school and in the workplace. If a mother is exposed to these hazards, they can affect her health and the health of her baby. Society may bear the burden in either medical or disability cost. Pollution can impact working and mothers at home. Mothers and their babies are a vulnerable population who are more susceptible to lower levels of pollution. These air pollutants can possibly have long-term effects on their children. Implantation of laws and regulations, warning system, or more strict EPA standards may be needed to adequately control the cost to our society and the environment.

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ABOUT THE AUTHOR

Maria B. Mainolfi, MD

Title: USF Occupational and Environmental Resident

Institution: University of South Florida, College of Public Health

Address: 13201 Bruce B. Downs Blvd., MDC 56, Tampa, FL 33612

Email: mmainolf@health.usf.edu