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VOL. 51 NO. 1

SEPTEMBER 13 - SEPTEMBER 19, 2018

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Daystar Life Center broke ground on their new 10,000 square-foot facility, located across the street from the Thomas "Je" Jackson Recreation Center Saturday, Sept. 8. Ordain members of the clergy helped blessed the grounds while the Rev. Msgr. Robert F. Morris, VG prayed.

Daystar Life Center moving into Midtown

BY RAVEN JOY SHONEL
Staff Writer

ST. PETERSBURG – In 1982, Monsignor John P. McNulty started Daystar Life Center as an outreach ministry in

the basement of St. Mary Our Lady of Grace Catholic Church in downtown St. Petersburg. Last Saturday, the center held a groundbreaking celebration on a 10,000 square-foot building that will open its doors in

April.

"This day has been about 35 years in the making," said Board Member and Master of Ceremony Bill Logan.

See **DAYSTAR**, page 9

Residents still unsatisfied with the Tropicana redevelopment plan

BY RAVEN JOY SHONEL
Staff Writer

ST. PETERSBURG – The South St. Pete Democratic Club held a panel discussion last month that included providers of affordable housing, long-term residents of the area and city officials to gather information and ideas about the redevelopment of Tropicana Field in hopes to adopt and present policy proposals that may be incorporated into the plan.

Many in the community expressed concerns over the conceptual redevelopment plan of Tropicana Field during the Tropicana Master Plan – Scenario Two community meeting held Aug. 6.

"Nothing is set in stone yet," said District 2 City Councilmember Brandi Gabbard. "This is all up for discussion, and it is all an



Gas Plant 1970s

open book at this point."

The Scenario Two plans showed retail space, an attractive promenade, entertainment space and even kayakers in Booker Creek. Gabbard called it "Hollywood," and said the consultants hadn't changed much from the first plan that featured the stadium.

"With a stadium has to come entertainment, has to come retail,

has to come restaurants and something like a Riverwalk," she stated. "I can assure you that myself, and I feel very confident in my colleagues on the council, will not be looking at turning this into Hollywood. We will be turning this into a community that can support us for generations to come.

Also on the panel sat

See **TROP**, page 8

Angela Brown versus the system



Angela Brown

BY INDHIRA SUERO ACOSTA
Staff Writer

ST. PETERSBURG – What was supposed to be an uneventful Saturday afternoon on June 9, 2007, turned out to be a day Angela Brown would relive over and over again in her mind.

While living in Ithaca, N.Y., she went to pick up her then 15-year-old daughter, Akira, from the Ithaca Tompkins Regional Airport. Once she noticed that her daughter was not on the flight, she asked a customer service representative from the U.S. Airways for help.

The customer service representative gave her a 1-800 number on a sticky note. Needing more help, Brown elected to speak to the next representative, who offered her the same number.

According to Brown, after a three or four-minute exchange, a sheriff's officer who was working in the capacity of airport security arrived. Brown assumes the first representative alerted the officer.

Officer Gerald Hoffman walked around the counter and asked if he could help. She said the only help she needed was finding her daughter. The second customer representative, Melissa Abbott, then stated that Brown threw a piece of paper at her.

Hoffman then demanded that she leave the airport. After she refused to leave without knowing the whereabouts of her daughter, Hoffman, approximately six feet tall and 200 pounds, then walked around the customer service counter, grabbed Brown's right arm, twisted it behind her back, put a handcuff on her and pinned her against a planter while attempting to gain control over her left arm.

Brown explained that because of the way her body was positioned against the planter with his weight behind her, she was unable to free her left arm immediately. After arresting her, he then marched her to his police car and brought her to the sheriff's department.

She was chained to a chair for three hours, not knowing the whereabouts of her daughter or even why she was being arrested. She later learned that she had been

See **BROWN**, page 7

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COMMUNITY NEWS

St. Petersburg Branch NAACP elections process

BY MARIA L. SCRUGGS,
President, St. Pete Branch
NAACP

The St. Petersburg Branch NAACP's election process is underway. The branch has spent the last three years rebuilding the office's credibility by directly taking on issues that pose a threat to the political, educational, social and economic equality of all persons, and to eliminate race-based discrimination while ensuring that the branch operated with both fiscal and operational integrity.

Specifically, the St. Petersburg Branch NAACP has not succumbed to plantation politics that has historically compromised the integrity of the organization. We have ensured that our fiscal house was in order by subscribing to generally accepted accounting principles and practices. We have had two audits that confirm we have been great stewards of the resources bestowed upon us.

The work of the St. Petersburg Branch NAACP has accurately and consistently been documented to ensure that their operations have been in line with the mission of the NAACP and not the agenda of any one individual. It has been led by a strong executive committee that has ensured their active attendance and engagement in the work and has never had to cancel an executive committee for lack of a quorum.

The general membership meetings have consistently experienced 30 to 40 members in attendance, even in bad

weather. This speaks to the commitment of all that understand the relevance of the NAACP and the need to be present. They have also actively participated and attended quarterly meetings and participated in required training.

The St. Petersburg Branch has taken great pride in ensuring its compliance status with both the Florida State Conference and the national headquarters. The upcoming election process and those participating in it must continue to mirror the work and integrity that the branch has experienced over the last year.

The process must be consistent with the NAACP bylaws to ensure transparency and compliance, and those wishing to run for office must personally assess their commitment to continue the work.

Please find below the schedule for the Oct. and Nov. meetings:

Oct. 23 general membership meeting

- Nominating Committee presents its report after nominations received from the floor. Secretary must certify candidates nominated were active members of the St. Petersburg Branch by April 1

- Election Supervisory Committee shall be elected. Questions of eligibility must be resolved by the end of the Oct. meeting

- Anyone wishing to be nominated for office must have been an active member by April 1

- Anyone wishing to be nominated must complete a NAACP Candidate Consent Form



Nov. 27 general membership meeting

- Secretary must determine the number of eligible voters prior to voting. Votes tallied after election and winners declared

- Polls must be opened for a minimum of 4 hours

Please note that pursuant to Article IV. Section 2 [a] Effective Membership in the Branches, Youth Units, and Authorized Committees:

The effective date of Membership in a Branch, Youth Unit or Authorized Committee is the date membership payment is received by the Branch (Unit 5130) either at the meeting of the General Membership or of the Executive Committee of the Unit; by the Unit Secretary; or by the Unit Office if there is one. In the event the national office receives a membership fee from an individual who has indicated a desire to be affiliated with a specific unit, the national office will notify said unit that the membership fee has been received and at the same time transmit the membership fee to the unit. In such a case, such membership shall be effective upon receipt by the unit of its share of the membership fee from the national office.



I AM: Midwives

By Gwendolyn Reese

The word midwife comes from the Old English words mid, "with" and wif, "woman." The word originally meant "with-woman," a person who is with the mother at childbirth. The term was used for both male and female midwives. Midwives traditionally provided care during labor and delivery and after birth.

In an article entitled "The History of Midwifery," nurse-midwife Judith P. Rooks, CNM, MPH, MS wrote: "Midwives attended almost all births in the American colonies, practicing from their homes and passing the skills they had brought from Britain from one woman to another informally. Enslaved West African midwives in America attended the births of both black and white women in the antebellum South. After emancipation, African-American midwives continued to take care of both black and white poor women in most rural parts of the South, where they were referred to as 'granny midwives.' American-Indian tribes had their own birth traditions."

Medicine became professionalized in the U.S. in the late 1900s, and with it came a spirit of competition. A series of events in the early 1900s laid the groundwork for doctors taking over the role of the traditional midwife and laid the foundation for the medical model for childbirth used in this country.

"Two reports on medical education, published in 1910 and 1912, concluded that America's obstetricians were poorly trained," wrote Rooks. "To improve obstetrics training, one report recommended hospitalization for all deliveries and the gradual abolition of midwifery. Rather than consult with midwives, the report argued, poor women should attend charity hospitals, which would serve as sites for training doctors."

Midwives attended approximately half of all births in 1900, but less than 15 percent by 1935. By the early 1930s, most practicing midwives were black or poor-white granny midwives working in the south.

"Where midwifery declined, the incidence of mother and infant deaths from childbearing or birth injuries generally increased," wrote Rooks. "A

scholar who conducted an intensive study concluded that the 41 percent increase in infant mortality due to birth injuries between 1915 and 1929 was due to obstetrical interference in birth."

Men were midwives too. The *Tampa Daily Times* reported in 1931 that 17 male midwives were registered with the Florida board of health. They operated in mostly rural areas and were often farmhands. An assistant city health officer was reported to have said, "A male midwife is a person who believes he can perform the function of a midwife as efficiently as a woman or even a registered physician."

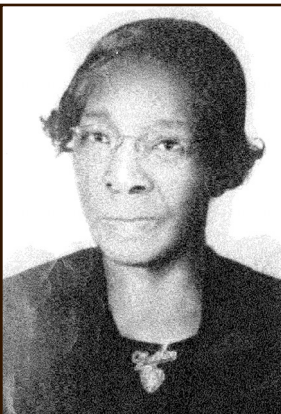
The licensing program for lay midwives in Florida began in 1931. Prior to that time, the midwives were older women, mostly African American.

"Physicians Address Negro Midwives Here" was the headline in an article appearing in the *Tampa Tribune* dated July 7, 1935. The article reports the opening of a week's course for Negro midwives. More than 100 midwives from 20 southern counties attended the week-long course conducted by the city of Tampa and state health departments in cooperation with the Tampa Urban League and Tampa Negro churches.

An article appearing in the Feb. 15, 1950, edition of the *St. Petersburg Times* (now *Tampa Bay Times*) reports that a proposal to establish training schools for midwives in Florida was passed at the annual Conference of Florida County Health Officers in Jacksonville. The proposal was offered by an Orange County health officer and chairman of the conference's committee on maternal and child health. He stated, "I do not approve of midwives in principle, but we are faced with a practical problem that calls for a solution as quickly as it can be provided."

A verse from the midwives' song as printed in the State Board of Health handbook reads: "There are infants in glory that should be on earth. They had no good midwives assist them in birth."

The paperback book had 115 pages of technical instructions and a supplement that included the midwives' song, creed and prayer. The midwife's



creed says, "We believe that cleanliness is next to godliness and that cleanliness of body, mind and soul and obedience to the laws of hygiene, faith in God and reverence for Him as the author of life are the first qualifications of a worthy midwife."

A report presented during a meeting of the State Board of Health in Jacksonville in December 1956 showed that the percentage of babies delivered by midwives was dropping and the number of licensed midwives decreased from 4,000 in 1922 to 3336 in 1955. The report also stated that "All but 30 of the midwives are Negroes."

The *Tampa Bay Times* reported in the June 6, 1986, edition that there were 209 certified nurse midwives in Florida and more than 2,500 across the country.

Over the next few weeks, I will highlight many of the midwives who played a critical role in our community. The photo accompanying this article is Mrs. Mary E. Brown, paternal grandmother of Lolita and Lou Brown, Jr.

She moved to St. Petersburg with her husband and two sons John D. and Louis D. Brown, Sr., both life-long educators, from Alton, Fla. Her home, originally located on 11th Avenue South, was moved to 2337 7th Ave. to make room for the Jordan Park housing project. Mrs. Brown was one of several midwives serving mothers, babies and families in our community.

Sources:
<https://en.wikipedia.org/wiki/Midwifery>

<https://www.ourbodiesourselves.org/book-excerpts/health.../history-of-midwifery>

Tampa Daily Times, 1931

Tampa Tribune, July 7, 1935

The Tampa Bay Times, February 15, 1950; June 6, 1986

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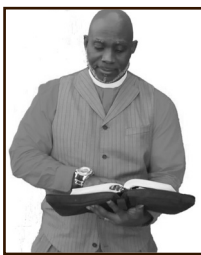


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COMMUNITY NEWS



Breaking the Cycle

REV. DR. ROBERT L. HARRISON, PH.D.
Men of S.T.E.E.L. Ministries
www.menofsteelministries.com

Is tongues the evidence of the spirit, part 3

Isaiah 28:9-10: “Whom shall he teach knowledge? and whom shall he make to understand doctrine? them that are weaned from the milk, and drawn from the breasts. For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little.”

The people became so engrossed in darkness they no longer could understand the simple spiritual laws and teachings. There was no one left to teach. Because of their rebellious state, God sent His judgment upon the nation!

Isa.28:11 “For with another tongue will he speak to this people.” This is referencing the coming Babylonian captivity which would occur in 586 B.C. It is a message of judgment that they will be, snared, and taken captive by Babylon into their land.

When Israel hears a people of a “strange tongue” which were the Babylonians who came to conquer destroy Judah and take them captive. By hearing those who spoke in another language then the people would know that God’s judgment had arrived upon them! Isaiah 28:12, “To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the refreshing; yet they would not hear.”

Rather than responding to this message with repentance and faith, the backslidden leaders ignored the message of Isaiah as they did the other prophets and the nation following the leaders rebellion was taken captive! The prophet said those who went along with the captivity would live, those who did not would die.

This is what Paul meant in 1 Corinthians 14 that “tongues are a sign to the unbelievers, tongues are a sign of God’s judgment to unbelievers - for the sin of unbelief.

Isa.28:11 “For with another tongue will he speak to this people.” (these were the Jews at Pentecost) to authenticate the Gospel message. When the northern kingdom was in unbelief they were taken captive by the Assyrians they could not understand the language spoken.

This event happened again at Pentecost to those who were in unbelief still could not understand. Tongues represented the same message to these Jews at Pentecost on account of their rebellious unbelief they needed to turn toward Christ.

Just as they were in darkness and taken captive to Babylon they needed to be released from their current captivity of non-Biblical Judaism which rejected the Messiah. It was a testimony against those

who had rejected Christ Jesus. This is why Peter pleads to separate from this accursed generation.

The miracle of tongues was that those who spoke them did not know the language but those who heard understood them in their own language.

Tongues were always given unexpectedly (Acts 2,10,19) they were not expecting to see this sign gift. They did not seek it at Pentecost or any of the outpourings in the book of Acts. No one had to surrender or purify themselves to receive the Spirit, it was a collective experience for all those who believed at the same time. It was a gift freely given, not in exchange for something we do to earn him.

The book of Acts gives us the normal pattern for receiving the Holy Spirit. One thing becomes clear as the texts are looked at carefully; there is no consistent pattern of reception. In order for something to be normative it needs to be consistent and a common thing to all. Not all spoke in tongues.

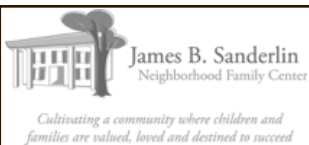
If we look carefully through the book of Acts There are only three references to believers speaking in tongues when salvation was given. Acts 2 those in the upper room who did not know what they were waiting for.

Acts 10 the spirit falls on them while the message is given. Acts 19 to those who had not heard of the Holy Spirit. The Samaritans did not speak in tongues in Acts 8 nor did the majority of those who were saved. Starting in chapter 2 on the day of Pentecost those who came from the upper room spoke in tongues to the Jews that were in Jerusalem who were in unbelief.

Acts 2:41 tells us there were three thousand that entered into the church that day. The 3,000 that were saved were added to the church WITHOUT speaking in tongues, nor were there tongues of fire over them or anyone else that received the Spirit. If one is going to make the tongues as the evidence why not the fire over their heads too?

Acts 2:4 “And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.” There were tongues! But this was limited to those in the upper room; it does not say that those who experienced the salvation from Peter’s message spoke in tongues.

*Till next week,
God Bless.
Elder Dr. Robert L. Harrison*



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AFRICAN AMERICAN HISTORY FRONT AND CENTER

BY JENNIFER GAMBLE-THEARD
ASALH Historian

The United States Constitution, which includes the Bill of Rights, or the first 10 amendments, was signed and became the supreme law of the land in 1787. After much debate and compromise, it was established as the structural foundation of laws that would guide the new nation. Within a 13 year period, two more rules of law were added.

The Eleventh Amendment, which was established to protect each state from certain legal entanglements, followed by the Twelfth Amendment that provides specific procedures for presidential elections. The constitutional rules are followed today and used almost as strategic guides of worship for those who interpret the written words according to their own will and way of thinking. This is especially seen in the Second Amendment, “the right to bear arms.”

Looking back on the underlying philosophy of what the Constitution expressed, it became quite concerning that it took more than 60 years before anything was added that would “establish justice and ensure domestic

tranquility...secure the blessings of liberty” to the nation’s citizens as stated for the purpose and aims of establishing the new United States of America.

In order to move forward as a nation, it became necessary to acknowledge the use of a chattel (personal property) slavery system had begun to tear the country apart. By 1864, slavery had finally become an issue that had to be formally recognized as a problem that needed critical attention.

Thus, between 1865 and 1870, the Reconstruction Amendments, also referred to as the Civil War Amendments, were adopted. The Thirteenth Amendment in 1865 abolished slavery and involuntary servitude (except for those convicted of a crime).

Next was the Fourteenth Amendment in 1868, which provided formerly enslaved people with national citizenship and equal protection of laws for all persons. Then in 1870, the Fifteenth Amendment prohibited discrimination of voting rights of citizens on the basis of race, color or previous servitude.

These particular amendments were intended to guarantee free-

dom to formerly enslaved people and to prevent discrimination in civil rights to all citizens of the United States. Unfortunately, the promises of these amendments were compromised by state and federal laws and most importantly Supreme Court decisions that occurred throughout the 19th and 20th centuries.

Consequently, there was the development of legally enforced Jim Crow laws that took root in southern states as a reaction to the Reconstruction Era perhaps by racist, ignorant, malicious, nasty individuals and particular groups. African Americans experienced a heavy-handed legal backlash and a systematic pushback against their freedom, dignity, progress and participation in American democracy.

Various state courts were notorious in creating assaults against black, brown, poor and minority citizens in the United States. Throughout the years to current times, judiciary systems, courts or governmental authorities have laid claims to control the freedoms of “We the People” who are of color.

There have been a few Supreme Court decisions that came after the Recon-

struction Amendments that have not been in the best interest of African Americans. Such decisions were designed to keep black people in a lesser place and in an inferior state of existence.

This was exemplified in the Civil Rights Act of 1883 that allowed racial segregation and discrimination as part of a local practice within states. It was this doctrine that further developed Jim Crow Laws.

Another example that had a sweeping magnitude was the Supreme Court case of Plessy v. Ferguson in 1896 whereby the Supreme Court upheld the constitutionality of racial segregation for public facilities. That decision established the doctrine of “separate but equal” that endured until 1954.

It wasn’t until Brown v. Board of Education of Topeka case in 1954 when the Supreme Court declared state laws establishing separate public schools for black and white students to be unconstitutional. That decision had a broad impact on the principles of civil rights that have helped to shape current debates about racial discrimination, immigration policies, LGBTQ rights and executive power.

From Reconstruction Amendments to the present day pursuit of democracy



In 1944, the Detroit chapter of the NAACP held a mock-funeral for Jim Crow.

As we pay closer attention to news events of today, we must take an interactive part in the ideal of “democracy” that gives strength to freedom. Democracy becomes a most important vehicle to freedom. In our daily lives in the communities we live, we have a responsibility to maintain that “freedom” that our ancestors strived for in so many different ways.

Be it blood, sweat, tears or prayers, they paved a way for us to follow. In these crazy political times, we have a right and responsibility to be informed about what is needed for the greater good.

We must strive for justice; pay attention, be informed, participate in something that has meaning, be more interactive and

WE MUST VOTE. And yes, there will be obstacles, but together we will overcome.

One of most crucial barriers to freedom of current times is the obstruction in voting rights for African Americans. Those barriers will be broken down as we work together.

Let’s continue the fight and remind ourselves that we as descendants of enslaved people represent a moral compass for this country that we share. Let’s do something that will persist in our forward movement.

Jennifer Gamble-Theard, M.Ed. is a retired Pinellas County educator in the study of history and language. She is also the historian for the St. Petersburg Branch of ASALH.

COMMUNITY NEWS

New controller and community impact manager join Foundation for a Healthy St. Petersburg

ST. PETERSBURG – After a national search, the Foundation for a Healthy St. Petersburg has named Carol Martin Brown as the new controller, and Pinellas County non-profit executive Marcus A. Brooks has been selected to serve in a newly-formed position of community impact manager.

In his new position, Brooks will facilitate community input on the Foundation’s Social Change Center and create the inaugural approach to programming the Center, which will open in early summer 2019 in the Lakeview Shopping Center in south St. Petersburg.

He will coordinate listening sessions, engage with multiple sectors of

the community and use those ideas and input to shape the design, logistics and overall culture of the center.

Before joining the Foundation, Brooks was the director of development for Eckerd Connects. His other roles included development officer at St. Petersburg College Foundation and marketing manager/regional director of the Junior Achievement of Tampa Bay.

He served as a trustee of the Foundation from 2016-17 and graduated from Florida State University with a bachelor’s degree in political science.

In the role of controller, Martin Brown will serve in the leading finance staff role at the

Foundation, handling all day-to-day revenue and expenses related to operations. She is a senior financial leader with experience in both the financial services industry and the social sector.

Martin Brown previously served in chief financial officer roles at the Transamerica Fund Advisors, Inc., Innovation Education at the University of South Florida and The New Teacher Project, a national nonprofit based in Brooklyn, New York.

Early in her career, Martin Brown worked in New York at Ernst & Young as a senior auditor and in financial management roles at Morgan Stanley Trust Company and J.P. Morgan Chase Investor Services. She is a

Certified Public Accountant and holds a B.S. degree in Business Administration - Accounting and Finance from the State University of New York at Buffalo and an MBA from Columbia Business School.

“As the Foundation grows in its efforts to achieve health equity through a wide range of activities and programs, we will need the talent, experience and strategic vision Carol and Marcus both bring to our team and the community,” said President and CEO Randall H. Russell. “We are delighted to welcome them and look forward to the work they will do to support new and existing efforts in South Pinellas County.”



Carol Martin Brown
About the Foundation for a Healthy St. Petersburg



Marcus A. Brooks
assets to support health equity in Pinellas County. The Foundation inspires and empowers people, ideas, information exchange, organizations and relationships to end differences in health due to social or structural disadvantages and improve population health.

A political revolution

Dear Editor:

America’s government and the Democratic Party are finally beginning to look a little more like its constituency.

First, there was the unexpected primary victory of Alexandria Ocasio-Cortez, a 27-year-old female Puerto Rican-American candidate who defeated 10-term incumbent Congressman Joe Crowley. Ocasio-Cortez is currently running virtually unopposed in New York’s 14th congressional district.

Then, there was the gubernatorial primary victory of Georgia’s very own State House leader, Stacey Abrams, who made history by becoming the first black woman to be a major party nominee for governor. Abrams will face a tough uphill battle against a well-funded and well-known Republican challenger this Nov.

Former NAACP national president Ben Jealous won Maryland’s Democratic primary for governor last month. Jealous’ leadership is a breath of fresh air for Maryland’s voters; his platform merges Bernie Sanders-style economic policies with racial criminal justice reform.



Andrew Gillum
If elected, Jealous would be only the fifth black governor in United States history, the first black governor of Maryland, and the first veteran of Vermont Senator Bernie Sanders’ presidential campaign to win statewide office.

Just last week, America’s heart skipped a beat when we witnessed Ayanna Pressley’s unforeseen triumphant win over veteran lawmaker Michael Capuano in Massachusetts’s Seventh Congressional District, and here in Florida, Tallahassee Mayor Andrew Gillum has made history by becoming the first African-American nominee for governor, as he scored a major win for progressives in Florida and across the country.



Alexandria Ocasio-Cortez
As the only non-millionaire in his primary, Gillum prevailed and captivated his democratic base by ushering in a spirit of hope and offering voters a fresh perspective to ending 20 years of Republican rule.

There’s no doubt about it; we are living in a time of heightened tensions and inequalities: cultural, political, religious and racial. America’s free democracy is constantly being threatened by militant political figureheads. Elitism has replaced egalitarianism, negotiating the true identity of who we are as Americans.

Citizens in every corner of this great nation are rising up and saying no longer will we tolerate intolerance from those in elected office. No longer



Stacey Abrams
will we accept mediocre representation from those who ignore the blight and needs of our communities. No longer will we back those politicians who devalue the significance of black and brown lives.

These times demand, expect and deserve relevant leadership that is both, uncompromising and unafraid. These times demand more from our leaders and our party. With our civil rights under assault and our government under siege, what matters most is not voting Republicans out of office, but rather electing the right Democrats into office.

Donald Trump has become a formidable foe to every systemic inequality that our country faces. For this very reason, we



Ben Jealous
must embrace leaders who will speak up and speak out against the hatred being spewed by Trump and his supporters.

Many of us registered as Democrats merely because it was what we thought we were supposed to do. Our parents did it, and we followed suit, as expected.

We voted for candidates because we knew them or because of their political party affiliation. We did not take the time to engage and educate ourselves on candidates’ platforms; instead, we disengaged and got comfortable, creating an easy pathway to victory for career politicians.

The Democratic Party has steadily begun to look more and more like its



Ayanna Pressley
base, and that is a sign of progress and inclusion. No longer is just being “liberal” or “progressive” enough to garner the support of Democratic voters.

The wins of Ocasio-Cortez, Jealous, Pressley, Abrams and Gillum speak to that more diverse coalition within the party.

Democrat’s aspiring for political runs in 2020 can learn a lesson or two from the playbooks of those running for office today. We, the people, will only support progressive candidates who understand our everyday struggles and will work to STOP the agenda of President Trump.

Respectfully,
Corey Givens Jr.
President, Poor People’s Campaign – St. Petersburg



HEALTHY LIVING NATURALLY

By Dr. Ramona Valentine

Could the problem be adrenal overload or Insufficiency?

Do you suffer from these symptoms: Upper body or abdominal obesity, frequent urination, especially at night, moodiness, irritability or depression, chronic fatigue, high blood sugar, brain fog or mental dullness, difficulty learning, memory problems, trouble focusing, muscle weakness, especially in the legs, low sex drive?

How about, salty food cravings, difficulty sleeping straight through for eight hours and difficulty dealing with highly emotional situations. Fatigue upon waking is another symptom, dependency on caffeinated drinks like coffee can occur in an attempt to wake up. Do you have a weak immune system, mild or moderate abdominal pain or sometimes nauseous and have joint pain?

Women, in addition to the symptoms listed

above, is your menstrual cycle irregular?

You may have adrenal insufficiency.

The adrenal glands rest on top of the kidneys and are cone-shaped. They release many different hormones that affect almost every function in the body including mental sharpness, energy level, libido and stress levels.

When you are stressed out, your adrenal glands produce adrenaline, which causes the fight or flight response. And then the body later produces cortisol as a calming mechanism. Caffeinated drinks and foods also stimulate insulin production, which in turn produces cortisol.

The third thing that causes your adrenals to produce cortisol is pain. The reason your body produces cortisol when you are in pain is because cor-

tisol is your body’s natural anti-inflammatory hormone. However, excess cortisol can cause weight gain, especially in the belly.

What you should do is change your diet. Believe it or not, adrenals do better with a high fat, medium amount of protein diet. But make sure you consume the “good” fats, which are olive oil, coconut oil and avocado oil only.

Stick with three to five ounces of protein, three times per day. Do not consume meat or animal products unless they are organic! Another source of protein is organic eggs, nuts and seeds.

I do not recommend dairy due to its ability to cause inflammation in the body, gastrointestinal complaints and allergies. Cow’s milk is a mucous former.

Also make sure you decrease refined carbohy-

drates like sugar, flour products, soft drinks, pasta, white rice, etc. Carbohydrates trigger an insulin rise that can also stimulate cortisol as a buffer. Spikes in insulin do cause fat storage.

As you may have noticed either in yourself or others, the more carbs you eat, the more you crave. There is a way to break the cycle, and that is with a carbohydrate craving suppressant called “Appetite Curb.”

The adrenal glands can be boosted up with a product called “Adrenal” and a hormone called “DHEA.” Some people will go to Walmart and buy DHEA made in China, which I do not recommend because of its poor quality and the possible introduction of toxins into its formula.

Your adrenals respond well to exercise, but not vigorous exercise, which

can make the problem worse because vigorous exercise stresses the body and thus produces more cortisol.

The best exercise for an adrenal problem is a one hour walk, preferably outdoors. If you are unable to start with an hour, then start with 10 or 15 minutes and build.

I do not know how many people I have had come to me for help on losing weight that said, “I have been working out at the gym or jogging an hour every day, but the weight isn’t budging.”

Well, now you know why. Also, the weight will not come off if you take in too many calories in the way of carbohydrates. You can’t possibly burn those calories off with exercise. Jogging five miles barely burns off 200 calories; however, that pie you just

ate was 800 calories. So you see there are 600 calories left over that your body will store as fat.

And, if you have adrenal problems, you just caused your body to store even more fat with the production of cortisol from the vigorous exercise. Have you or someone you have known experienced no weight loss from exercise? Well, now you know the reason why.

I hope this helps. If you have any questions regarding this article, please email me at aslimmeryou@aslimmeryou.us.

Dr. Valentine is a weight loss consultant, a health consultant and a chiropractor. You can reach her at 855-771-SLIM (7546) or stop by A Slimmer You at 10300 49th St. N, Suite 211. Log on to www.aslimmeryou.us for more information.



COMMUNITY NEWS

On the Beat - St. Pete, Platinum Divas, hold end-of-summer block party

BY J.A. JONES
Staff Writer

ST. PETERSBURG - On Labor Day weekend, the Deuces celebrated the end of summer 2018 with a block party thrown by social media production company On the Beat - St. Pete (OTBSP) and Platinum Divas, an organization of business women founded by Shawandra Bell.

Part of the event's goal was to bring "music vitality" to the community, while also raising awareness for #TheBurgCares, a non-profit organization committed to highlighting the importance of a community devoted to educating and supporting its residents in all aspects of life and wellness.

The event was emceed by comedian Barak Amen, with music supplied by 99.1 FM Jams and deejays Supa Dave and D.J. Lethal.

Founded by Sharlene Emmanuel in 2016, On the Beat - St. Pete is "dedicated to uplifting the image, voice, and culture of the black community."

Rounded out by members Shundra Allison, Andrea "Andee" Peaten, and Demarcus Holden, OTBSP regularly holds community events includ-

ing its popular bi-monthly event "He Say She Say" which focuses on relationships, family, and sexuality.

"We're out here with Platinum Divas, and we came up with the idea because we thought it would be fun - we love doing things for the community. Especially doing it on the Deuces...this is our street, this is our block," Allison shared at Sunday's block party.

"What better way to spend the end of summer weekend than outside on the Deuces?" added Emmanuel.

#TheBurgCares focuses on assisting St. Petersburg residents to become self-sufficient and achieve better health outcomes, and like OTBSP, was founded to instill pride and belonging for community residents.

The evening featured performances by Competitive Edge Dance Company, and bounce houses for the kids were supplied by Joe's Moonwalk.

Vendors included Her Perfect Pieces \$5 Jewelry & Accessories, Mizz Sunshyne Boutique, Elijah Lee Afrikan adornments, Maxine's Fashions, and artisans of the Red Tent Women's Initiative, including Audrey Meyers,

Mozella Callaway's Mozz Hand Made Jewelry, and Tresea Lewis of The Hat Box.

Food offerings including "A" Mazing Creations/J'Marie's Sweetz n Treatz, Fabian's Home-style Cooking, and For De Soul Catering sponsoring food for the VIP Tent.

The event drew young and "mature" alike, and one of the most enjoyable moments to watch was the impromptu "dance-off" between young Competitive Edge dancers and 68-year-old Kinsmen Dandy.

Dandy (who proudly noted that he is the nephew of William Dandy, the first African-American deputy superintendent of Broward County schools) went "toe-to-toe" with the agile, purple-clad girls, who giggled and postured while mirroring at the senior's moves and grooves.

Dandy shared some wise words to parents afterward. "Parents have to know how to listen and let

children express themselves. They might express themselves through dance or music - and if you can't understand what they're saying through dance and music, then you can't know your child. If you can't listen to them, how can you educate them, how can you help them? Communication is the most important thing...because your children are your future."

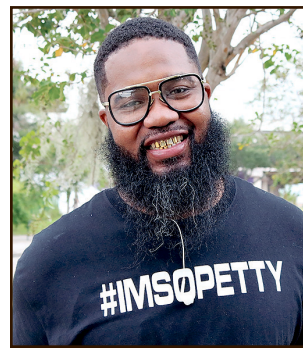
Comedian Barak Amen, sporting a shirt proclaiming "#ImSoPetty," served up jokes on the mike, but later added, "I've really enjoyed myself, seeing the community come out. So many vendors and merchants, people coming together and enjoying themselves. It's good to see the kids and youth out intermingling and mixing with the adults, and to see

that positivity in the community. I can't wait to be out here for the next one...it was a great event."

Check out Sharlene Emmanuel as she brings

the topical conversations from "He Say She Say" live and on-air events to her Challenger blog.

To reach J.A. Jones, email jjones@theweekly-challenger.com.



Free Sprinkler System Check-up

St. Petersburg residents:

Is your sprinkler system watering as efficiently as it can?

To help answer this question, the city is offering a free check-up to customers irrigating with potable (city), well, or reclaimed water.

Participants in the program will receive at No Charge:

- Complete sprinkler system evaluation
- Installation of a rain sensor device if one does not exist
- Suggestions that may help you save water and money
- An automatic shut-off watering nozzle

To be eligible, you must be a city of St. Petersburg water customer, and your property must:

1. Have an operating in-ground sprinkler system with timer
2. Irrigate with drinking (potable), reclaimed, or well water
3. Not have received a previous program evaluation within the last 5 years.

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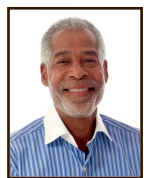


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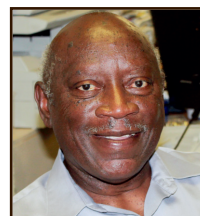
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COMMUNITY NEWS

Get ready for the Jordan Park Project informational meetings to be held on Sept. 20 & Oct. 17

ST. PETERSBURG – The St. Petersburg Housing Authority (SPHA) will hold project information meetings for the Jordan Park Renovations and New Construction project on Thursday, Sept. 20 from 5:30 p.m. – 7:30 p.m. and on Wednesday, Oct. 17 from 3-5 p.m., with both meetings held at the Midtown campus of St. Petersburg College Midtown, 1300 22nd St. S.

The meeting is being held to provide Section 3 Business Concerns,

Small, Women and Minority-owned businesses with the information and resources needed to “get ready” to fully participate on the project. This project will provide significant economic impact in the local St. Petersburg Midtown area.

Attendees will be provided with an overview of the project as well as information to enhance their opportunity to participate on the project such as:

- How to register to receive bid information

- How to get certified as a Section 3 Business Concern, Small/Women/ Minority-owned business
- Financial, bonding and insurance information

The event is free and open to all interested in finding out how to participate in this upcoming opportunity. For additional information contact Michelle Ligon, SPHA media and public relations consultant at mligons@stpeteha.org.



AAG ‘75 monthly class meeting

ST. PETERSBURG — Calling all African American Graduates of 1975 (AAG ‘75). Join us on Monday, Sept. 17 at 6:30 p.m. at the Enoch Davis Center as we continue to plan our AAG ‘75 activities and community service projects.

The meeting is designed for classmates to place future activities, projects and events on the calendar. This is a prime opportunity for classmates to recom-

mend new ideas or projects, select committees to work on and volunteer for community service projects and assignments.

Also, save the date of Oct. 6 for the “We Are One” Fun Day. Additional information will be available at the class meeting. Please RSVP by Sept. 30 so that we may properly prepare for your attendance at the fun day by logging onto Facebook or by contacting

Ralph at (727) 328-8605, or Sandra at (727) 321-1034.

For more information, log on to www.theaag1975.com or on Facebook @ The African American Graduates of 1975, Inc. For those of you who haven’t gotten a handle on the world wide web, please contact them by snail mail at P.O. Box 16856, St. Petersburg, FL 33733-6856.



Fighting her rights

BROWN , from front page

charged with disorderly conduct.

Brown’s daughter’s flight had been recouped, and she was able to collect her from the airport as soon as her plane landed hours later.

Later that year, a criminal court judge dismissed all charges pertaining to her arrest, which created an opportunity for Brown to hold Hoffman accountable.

Brown entered a civil action lawsuit pursuant to 42 USC 1983, seeking damages as result of the allegations that Hoffman, among other things, made an unlawful arrest in violation of the Fourth Amendment, used excessive force, also in violation of the Fourth Amendment, and arrested her in retaliation for her use of protected speech, in violation of the First Amendment.

42 USC 1983 is part of

the Civil Rights Act of 1871. This provision was formally enacted as part of the Ku Klux Klan Act of 1871 and was initially designed to combat post-Civil War racial violence in southern states. It states that an officer is generally immune from these types of lawsuits except in the absence of probable cause.

She was able to use this code because Hoffman had no arguable or probable cause to arrest Brown.

The civil case went to the New York State Supreme Court of Appeals. In 2013, a superior court justice asked the court to render a summary judgment and appeal aspects of her case. In 2014, the highest federal court ruled in Brown’s favor and stated that she was falsely arrested and that her amendment rights were violated.

In 2016, Brown ap-

peared before the same superior court justice and an all-white jury seeking legal remedy pertaining to her civil case. The outcome was not in her favor.

“No self-respecting judge wants his decisions overturned,” said Brown, quoting the movie “A Time to Kill.” “He came straight after me.”

“It was really difficult to listen to people outwardly just lie,” Brown said about the so-called witnesses they dug up. She said the witnesses could not identify her outside of the courtroom, and their testimonies contradicted each other.

She was financially and emotionally exhausted and wasn’t able to appeal the decision. She eventually moved to St. Pete with husband and children in 2008, and now works for Family Resources as a facilitator.

Brown is planning to

write a book and produce a documentary about her experiences with the justice system. She’s also looking to appeal the 2016 decision; but in the meantime, she’s working tirelessly on food justice issues.

Besides volunteering at the Mercy Keepers Food Pantry, she’s putting the final touches on her curriculums to teach a class at Pinellas Technical College on proper nutrition and healthy lifestyles. Her course will focus on eating for your color and culture, what she calls “melanated people’s food.”

Whether it’s in the courtroom or tackling food insecurity, Brown is always willing to fight for what she thinks is right.

This story is part of a 50-article series honoring black women in the Tampa Bay area.



Angela Brown posing in front of Mercy Keepers Food Pantry, located at 2021 9th Ave. S. They are a non-profit organization providing food and clothing to the needy in St. Pete.



Visionary Brief by Keisha Bell, Esq.

Apologize to – HER?



Serena Williams congratulates Naomi Osaka

Preconceived notions, loyalties, money and even jealousy are a few of the things that can affect how one may interpret an event and, or a person. This may not seem like a big deal as long as the whispers remain contained, but what happens to her when misconceptions affect her game, which in turn affects her set and cost her the match?

On Saturday, Sept. 8, Naomi Osaka played against her childhood idol Serena Williams in the Finals of the US Open. Drama ensued once the umpire gave Williams a code violation for what he said was coaching.

Williams was adamant that she did not receive coaching. A split screen of the events showing both Williams on the court and her coach sitting in the player box seems to support her claim.

“I don’t cheat to win; I’d rather lose,” Williams asserted.

In the midst of two more code violations, an eventual loss was, in fact, the result for Williams — who repeatedly demanded an apology from the umpire.

Interestingly, Williams referenced that every year there is some issue regarding her when she plays in this tournament. Her claim goes back to 2004. Then, because of a series of atrocious calls against her, tennis was inspired to institute an instant replay system.

Williams’ fight for fair treatment on her job resulted in the establishment of a tool to make her workplace a fair environment for all. Her strong voice enhanced a sport for both the fans and the players.

Still, Williams said every time she plays at the US Open “there’s always something” unfair happening to her. How many people are in working environments and can relate to her? Many times, these things are on some level seemingly accepted practices.

One well-known inequitable practice is the gender wage pay gap. This is so well-known that Equal Pay Day is nationally observed. Studies also show significant discrepancies in earnings when race is added. The impact of these economic differences is on public display every day, depending on how you interpret what you see.

For decades, Williams has endured both public and not so public acts of inequity and discrimination. Examples

include daily racist attacks from spectators, being drug tested more than any other player, body shaming, the need to demand proper medical care, inappropriate interview questions and comments from other players that sometimes include rude treatment.

Williams faces constant, tremendous pressure while she advocates to make her workplace fair for all. Is she expected to handle it with a smile while only saving her fight for when she is hitting a tennis ball with her racket? Should she maintain tradition and not say anything like those before her and wait for someone else to take a stand?

What determines how you interpret confident, strong, intelligent, bold, black women and girls?

She may not hold a tennis racket or be married to a former U.S. president, but how do you see her when she is your neighbor, your colleague, your classmate or your church member? Do you need to know her to root for her?

The fact is that Williams has had to deal with attacks because of her race and gender for her entire professional career. She is not alone. Every wrong will not be done in public.

Maybe Williams said it best when she remarked, “I just feel like the fact that I have to go through this is an example for the next person that has emotions, [who] wants to express themselves [and] want to be a strong woman. They’re gonna be allowed to do that because of today. Maybe it didn’t work out for me, but it’s gonna work out for the next person.”

No matter how one perceives what happened during Saturday’s match, Williams has pushed a much-needed conversation to the forefront. What some call a tantrum may have been the emotional outcry that is needed to bring a serious discussion to the table regarding double standards in tennis.

The cry may have needed to be loud and bold and uncompromising to be heard. Maybe its failure to be a pressing priority was because resolution needed to come in the form of a repeated demand for an apology, followed by an action plan for doing something about it.

Guess it depends on how you interpret the event, and, or the people.

Keisha Bell is an attorney, author, and public servant. www.emergingfree.com

COMMUNITY NEWS

Scenario Two completion slated for Oct. 1

TROP, from front page

Jack Humburg, executive vice president of housing at the Boley Centers, which offers community-based recovery services, rehabilitation and housing in Pinellas County, and Mike Sutton, CEO of Pinellas Habitat for Humanity.

With the Oct. 1 date slated for the Scenario Two completion, Humburg said he's sure that developers are "licking their lips" at the opportunity to redevelop the site with high-end housing carrying rents that exceed what most people can afford.

"If you go downtown and look at the development going on today, very little of that is affordable," adding that Boley Centers provides affordable housing primarily focusing on the needs of individuals who have disabilities, mental illness, homeless and extremely low incomes.

He cited a 2015 United Way study conducted across the state of Florida called ALICE, or Asset Limited, Income Constrained, Employed, which is the definition of the working poor. Forty-one percent in Pinellas County fall into that bracket, which is about 165,000 people.

"They have jobs; they are above poverty level but can't afford a place to live," he said.

"Add to that a disability or other barriers to housing, and you can imagine the difficulties we run into."

He feels the best alternative for rental housing on the Tropicana site is finding an investor willing to use the Low-Income Housing Tax Credit, which is matched dollar per dollar by the government and allows developers to be able to afford to build a property and rent at affordable prices. This program forces the developer to set limits on the amount of rent charged based on the individual's income.

"It's a complicated program, but I think it's the best opportunity we have to be able to incorporate affordable rental housing into this development," he said, noting that Boley is a partner in two of these kinds of developments. "We could probably put a couple 100 units in this area using the tax credit model."

Gabbard said the city is setting up a dedicated funding source where they can control the money coming in and going out and will be able to hold the people utilizing the funds more accountable, making sure that they keep those properties affordable.

She's also interested in not just economic develop-

ment, but also community economic development.

"Sure we can say 'let's take all 85 acres and put housing on it,' but if we're not building jobs for people to be able to pay for that housing, what was the point?"

Gabbard wants a cross spectrum of housing prices, which will, in turn, have a range of social economic development, "so that the human nature can strive to always pull themselves up and do better," she said. "We don't want to see this turned into a luxury housing project; we also don't want to see this turn into a low-income housing project."

Gabbard's sentiments harken back to an earlier time in St. Pete's black community where the doctor or lawyer lived in the same neighborhood as the housekeepers or bus drivers, and all of their children played together.

Sutton said the city is in an affordable housing crisis. Since St. Pete is a tourist town, he averred, hotel and restaurant workers can't afford to live where they work.

"That is a problem," Sutton said.

Habitat's goal is to build generational wealth through homeownership. Most people think Habitat for Humanity builds homes and give them away. However, they partner with the homeowner to purchase a house with a zero percent mortgage.

Since St. Pete is a peninsula, affordable housing space is limited due to the cost of land and the flood insurance needed to maintain the property. This leaves builders of affordable hous-

ing with very limited opportunities.

Sutton and Humburg do not envision the area being a place for single-family homes, but Trevor Mallory, a member of the Pinellas County Democratic Executive Committee, begs to differ.

"Like Mike said, he doesn't think it's an area for single-family homes, but I think you'll be shocked to see how many single-family homes were there before the development of the Trop."

The neighborhood that was bulldozed to make room for Tropicana Field in the 1980s was known as the Gas Plant neighborhood, named for the two imposing natural gas storage cylinders that towered over the area.

The Gas Plant redevelopment caused 285 buildings to be bulldozed; more than 500 households, nine churches had to be relocated and more than 30 businesses moved or closed.

One such church was First Institutional Baptist Church, which was built out of seashells. Davis Elementary School, the first black primary school in St. Pete made its home there, and the city's first black physician, Dr. James Ponder, raised his family in the Gas Plant district.

There were shot-gun houses and neatly kept bungalows all lining the hand-laid Augusta brick streets. Renters and homeowners alike made up the neighborhood. This was old St. Pete—Jim Crow and all.

In the book "St. Petersburg's Historic African American Neighborhoods" by Rosalie Peck and Jon



L-R, Jack Humburg, executive vice president of housing at the Boley Centers, District 2 City Councilmember Brandi Gabbard and Mike Sutton, CEO of Pinellas Habitat for Humanity

Wilson, it recounts the variety of residents that called the area home.

"Tenements and shacks disappeared, but so did the fine homes in places like Sugar Hill, where the elegant Ponder home and its beloved cherry hedges disappeared, as did a score of other well-appointed houses. Even people who lived in less pleasant circumstances felt the still of displacement—what some call a slum or a shack may be no less a home and a roof overhead to a family, a grandmother or single mother."

Along with the construction of I-275 and the displacement it created, probably no other project caused the degree of resentment than the razing of the Gas Plant neighborhood. The original plan to rehabilitate the Gas Plant neighborhood called for affordable new housing, an industrial park and hundreds of new jobs, but what residents received was a baseball stadium, no jobs and displacement.

Lifelong resident Beth Connors said she wants some type of mandatory regulation to make developers put in affordable housing.

"You have to somehow push developers to put in affordable housing. We have been cut off at the knees," adding that she would also like to see some type of commemoration to the community that was sacrificed in the name of progress.

South St. Pete Democratic Club treasurer Norm Scott wants to see small businesses be able to own and not lease. He spent years in banking, and leasing space was the highest expense on their ledgers.

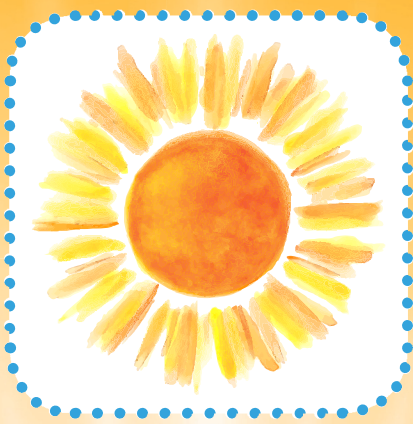
"If we are not going to allow these small businesses to own their spaces to build equity that they can pass onto future generations, lease payments after a while will kill those small businesses," he said, pointing to the small businesses who are no longer on Central Avenue because building owners priced them out of the market.

"We as a community will not build equity and transfer wealth to our descendants," he said, demanding "not only affordable housing but also affordable price small business space."

Gabbard said nothing is decided on yet, and that she would take the room's concerns back to city council.



Scenario Two's vision of Booker Creek, compete with kayakers and all.



Juvenile Welfare Board Faith-Based Mini-Grants

JWB Faith-Based Mini-Grants are designed to encourage collaboration and enhance the work of small faith-based organizations that have annual operating budgets of \$500,000 or less and provide services to support or strengthen children, youth, or families in Pinellas County.



Minimum Award Amount - \$1,500
Maximum Award Amount - \$5,000
Grant Period - 11/15/18 to 9/30/19

How To Apply

Complete full application, to include budget and proof of tax exemption, and submit by deadline.

Apply by October 10, 2018 at 12 Noon

To Request An Application

www.jwbpinellas.org/faith-based-mini-grants

Or contact Lorraine Hayes at 727-453-5654
or rfp@jwbpinellas.org

Optional Funding Workshops

Monday, September 24, 2018 – 2:00 PM
Wednesday, September 26, 2018 – 9:00 AM

Juvenile Welfare Board
14155 58th Street North, Clearwater, FL

COMMUNITY NEWS

The college atmosphere is epic!

BY DEXTER MCCREE
Feature Writer

ST. PETERSBURG — There is something mystical about the air on a college campus. A breeze feels somewhat cooler and fresher than normal. Music has a crispier sound, and laughter with strangers is as genuine as with friends.

The atmosphere on a college campus is epic in comparison to high school. More so, the excitement of college athletics accelerates the adrenaline flowing through the veins of the first time college student at a sporting event.

In America, baseball is the said to be the country's favorite past time. You know the Chevy commercial: "Baseball, hot dogs, apple pie and Chevrolet." But on this night, college football is the crowd pleaser.

The University of South

Florida Bulls opened their football season two weeks ago against Elon University with a 34-14 victory in front of an announced 31,000 fans at Raymond James Stadium. For USF freshmen Joshua Williams, it was his first experience as a college student witnessing a college football game. Oh, what a time he had!

The fun starts with the pre-game activities with USF's marching band, "The Thundering Herd," providing entertainment. The booming sound of the band set the stage for players to get fired up and fans to get worked into a frenzy.

Oh, the pageantry of it all! When the band began to play "The Running of the Bulls," huge clouds of white fog thickened the air and blocked the tunnel entrance, which is a cue for the team to run onto the field.

Appearing out of the

fog, the Bulls in their shiny gold helmets and dark green uniforms ran out onto the stadium turf to the approval of their loyal fans. The event is impressive.

One such fan was Joshua Williams, who is no stranger to displaying school spirit and getting involved with extracurricular activities. He was homecoming king at The Boca Ciega High School and involved himself in various school activities. However, the bar is raised for school spirit on a college campus.

Williams came to the stadium prepared for the moment wearing a white "Horns Up" USF t-shirt, a tan USF baseball cap, his face highlighted with a Bulls eye black decal and a USF lanyard around his neck.

He pulled no punches identifying himself as a Bulls fan!

"I am having a great

time with my friends at the game and meeting new people who also attend the university," Williams said. "It's also pretty exciting playing in the stadium that the Tampa Bay Buccaneers play.

Williams and I met at halftime of the game versus Elon Phoenix on the deck of the pirate ship located on the northeast corner of Raymond James Stadium.

As I stood on the deck of the pirate ship waiting for the popular freshmen, who claimed not to have known anyone at the school, at least a half-dozen people intercepted his travels toward me. After several short greetings and a few waves and smiles, he made it to the ship.

Welcome to college sports and a new atmosphere of fun!

To reach Dexter McCree, email dmmcree@theweekly-challenger.com



Joshua Williams

CONNECT WITH US!

facebook

YouTube

twitter

Daystar breaks ground on their new digs

DAYSTAR, from front page

Today, Daystar is located at 226 6th St. S in a 4,000 square-foot building where they are tripping over each other due to lack of space, but come next April, they'll be moving into their spacious new digs where they will be able to help a higher volume of people in need.

Most of their clients live below the federal poverty level. They are the working poor or unemployed. Daystar helps individuals and families who are food-insecure; struggling to stay in their home, in transitional housing or homeless.

"I am so pleased to have so many of you here to help us join in and be grateful for this gift we've been given to extend what we can do for those in our community that struggle every day to get the most basic of their needs met," said Executive Director

Jane Walker.

She went on to praise her dedicated core of more than 200 volunteers who make serving the community a possibility. At any given time there are five to eight interviewers on hand accessing the needs of their clients. They sit down with each individual and figure out how they can address their issues.

What started out 35 years ago as a place to receive help with food and clothes, now offers utility and rent assistance, transportation both local and traveler's aid, personal hygiene products, backpacks, bus passes, telephone and computers accessibility and even rolling grocery carts.

With only four full-time employees, Daystar can devote 95 percent of their resources to program services. Their

clients are referred to them by utility companies, 2-1-1 Tampa Bay Cares, other social service agencies, the faith community, concerned family and friends and other clients.

Daystar is funded by monetary donations from generous individuals, businesses, churches and civic associations. In-kind contributions from the community help keep food, household goods and personal care items stocked. They also receive grants from Pinellas County, the City of St. Petersburg and local businesses.

So how is Daystar able to build a multi-million dollar facility? Meet Kevin and Jeanne Milkey. Their generous donation of close to two million dollars made the new building possible, which sits across from the Thomas

"Jet" Jackson Recreation Center in the Wildwood neighborhood.

"We selected Daystar as our primary charity of choice to support mainly due of their mission of providing the necessities of life to our neighbors in need," said Kevin Milkey, executive vice president of St. Pete-based American Strategic Insurance Corp. "When you donate to Daystar, it makes an immediate impact, providing for people it serves."

Milkey praised Daystar for being "incredible stewards" of donated resources. He also mentioned that they received four stars from Charity Navigator, the largest and most-utilized evaluator of charities in the United States.

"When you donate to Daystar, you know where your money is going."

The new building will

sit in the heart of Midtown where poverty levels are high, and resources are low. A predominantly African-American section of the city, there is no grocery store, only high-priced corner stores.

Walker hopes to alleviate some of the need when the new facility's Choice Pantry opens. Clients will be able to go through and pick items based on the number in their family with more frequency. Currently, they only have an emergency pantry.

The new building will also sport a demonstration kitchen with a classroom attached, more bathrooms and ample parking spaces.

"We'll have a lot of options and opportunities as we become more aware of what else is needed," said Walker. "We'll be able to adapt much better."

One service that is not coming over to the new building is their mail service. Clients without permanent addresses or unsafe living conditions are able to have their mail come to Daystar. About 1,900 people currently use this service. Walker is looking for a centrally-located space offsite.

Walker said they still need about a million more dollars to outfit the building, but she's confident their goal will be met. To donate, please call Walker at 727-894-5323 or email her at jane.walker@daystarlife.com.

"I know every night when I go home; I know that the door was open and people got help. I can't think of a better way to end my day," finished Walker.



Board Member and Master of Ceremony Bill Logan.



Kevin Milkey, executive vice president of St. Pete-based ASI donated close to two million dollars.



Bishop Preston Leonard and Jane Walker



Board member Jim Garrity and volunteer David Witherspoon



St. Joseph's Catholic Church Gospel Choir

CHURCH DIRECTORY



Mt. Zion
Progressive Missionary
Baptist Church



Rev. Louis M. Murphy Sr.
Senior Pastor

955 20th Street South • St. Petersburg, FL 33712
(727) 894-4311
Email: info@mzprogressive.org
Website: www.mzprogressive.org

Sunday Worship Services.....7:45 a.m. & 10:00 a.m.
Sunday School.....9:00 a.m.
Wednesday Mid-Day Bible StudyNoon - 12:30 p.m.
Wednesday Prayer Service6:00 p.m.
Wednesday Bible Study6:30 p.m.
Youth Chapel Services - 921 20th Street South
Sunday Worship Service10:00 a.m.
Wednesday Small Group Bible Study6:30 p.m.

Mission Statement:
*Impact the world by equipping believers
to reach the lost with the gospel of Jesus Christ.*

First Baptist Institutional Church
3144 Third Avenue South,
St. Petersburg, FL 33712
Phone: 727-323-7518

Sunday School 9:30 a.m.
Praise Time 10:45 a.m.
Morning Worship 10:45 a.m.
Tuesday Night Live -
Prayer Service & Bible Study 7 p.m.

Come Worship With the First Baptist Family



REV. DR. WAYNE G. THOMPSON,
PASTOR

BETHEL METROPOLITAN BAPTIST CHURCH
3455 - 26th Avenue South, St. Petersburg, FL 33711
Telephone (727) 327-0554 • Fax (727) 327-0240
E-mail: bchurch5@tampabay.rr.com Web site: www.bmmbc.org

Sunday Worship Service10:15 a.m.
Sunday School9:00 a.m.
Teen Summit (Wednesday)7:00 p.m.
Bible Study (Wednesday)7:00 p.m.



Rev. Rickey L. Houston,
Pastor

“God’s House To The City”



Rev. Wallace Elliott
Sr. - Pastor

First Mount Zion Missionary Baptist Church
1121 22nd Street South, St. Petersburg, FL 33712
(727) 327-8708

Sunday Worship Services 8:00 and 11:00 a.m.
Sunday School.....9:30 a.m.
Prayer Meeting (Tuesday)6:00 p.m.
Bible Study (Tuesday)7:00 p.m.
Baptist Training Union (Sunday) ..4:00 p.m.

“The Little Church Where Everybody Is Somebody”

Queen Street Church of God in Christ
Elder Willie Williamson, Pastor
First Lady, Patricia Williamson
1732 9th Avenue South
St. Petersburg, FL 33712
727-896-4356

SERVICES

Sunday Sunday School – 9:30 a.m.
A. M. Service – 11 a.m.
Tuesday Morning Prayer – 9 to 10 a.m.
Wednesday YPW Bible Study – 7:30 p.m.



BETHEL COMMUNITY BAPTIST CHURCH
2901 - 54th Avenue South
St. Petersburg, FL. 33712
(727) 866-2567



Rev. Dr. Manuel L. Sykes

SERVICES


Sunday School: 8:30 a.m.
Sunday Worship Service: 9:30 a.m.
Mid-Week Worship: Wednesday 7:00 p.m.



Donn & Jean
Freshler

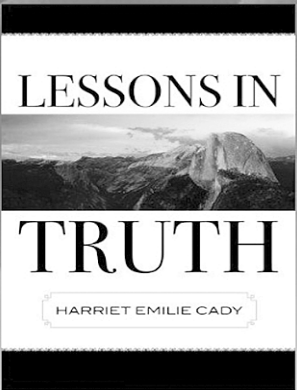
Welcome – Bienvenidos
ST. AUGUSTINE’S EPISCOPAL CHURCH
Joyful Spirit, Joyful Jazz
2920 26th Avenue South, St. Petersburg 33712
727-867-6774
StAugustine@tampabay.rr.com
The Rev. Josie Rose, Priest-in-Charge

Communion and Worship Service 9:00 a.m. every Sunday
(Full breakfast served after service, \$6.00)
Communion and Healing Service 11:00 a.m. Tuesdays



Closing out our Adventure in Truth!

Tuesday BIBLE STUDY
Mid-Day Class @ 1:00 PM
Evening Class @ 6:30 PM



511 Prescott Street South • St. Petersburg, FL 33712
LIVE WWW.UNITYTRUTH.ORG

Victory Christian Center Church
3012 18th Avenue South
St. Petersburg, Fla. 33712
(727) 321-0911
www.Victorychristiancenterchurch.org

Schedule of Services
Sunday Worship*
10:30 a.m.
Wednesday Bible Study* -7:00 p.m.
Friday Prayer -7:00 p.m.
Intercessory Prayer - 9:00 a.m.
(except Wednesdays)

Victory Christian Center is a Word of Faith Church.
For more information about the other services and ministries at Victory Christian Center, please call (727) 321-0911.
**Nursery and Youth Services Available*





Bro. Robert Smith

20th Street Church Of Christ
825 20th Street South
St. Petersburg, FL 33712
Home: 896-8006

Sunday Bible Class (All Ages)8:30 a.m.
Sunday Morning Worship9:45 a.m.
Sunday Evening Worship6:00 p.m.
Ladies Bible Class Monday7:00 p.m.
Monday Evening Bible Class7:00 p.m.
Wednesday Morning Bible Class10:00 a.m.
Wednesday Evening Bible Class7:00 p.m.



Pastor Michael T. and
Elect Lady Sheila Culbreth

GENESIS WORSHIP CENTER CHURCH
1601 49th Street South
Gulfport, FL 33707
727.898.5571
Sunday Worship
10:30 a.m.



#SELFIE SUNDAY
Every Second Sunday @ 10 AM

Step One: Prepare your selfie during the Guest Blessing. Be Creative!
Step Two: During fellowship, pose and take your pictures. Remember to open Camera, hold at arms length, pose and smile!
Step Three: Post on UTTC: Selfie Sunday Facebook page with Dr. Pulley's message title and the hashtag #selfiesunday

511 PRESCOTT ST. SOUTH • ST. PETERSBURG, FL 33712
WWW.UNITYTRUTH.ORG

Victory Through Faith Ministries

2nd Annual Royal Women of Excellence Conference

“Women Transitioning “
Staybridge Suites
940 5th Ave S, St. Petersburg, FL 33705

September 28 – 30, 2018
Host Apostle Vanessa Cox

Friday - 7PM Opening Services– Evangelist Tina Jones
Saturday– 7AM– Dynamic Guest Speakers
First Lady & Evangelist, Pearlie Dockery
Apostle Joan Pennington, Pastor Dorothy Pettis
Sunday– 10AM Closing Service– Apostle Vanessa Cox

Free admission for nightly services
Conference Registration \$75

For more information contact Co-Pastor Beatrice Wilson 727-385-9151

CHURCH DIRECTORY

ST. MARK MISSIONARY BAPTIST CHURCH

1301 - 37th Street South, St. Petersburg, FL
(727) 321-6631 • www.stmarkch.org

Schedule of Services

Church School..... 9:30 a.m.
Morning Worship 10:45 a.m.
Baptist Training Union..... 5:00 p.m.
Prayer Meeting and Bible Study
Wednesday 7:00 p.m.



Rev. Brian K. Brown

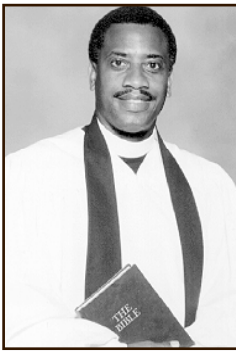
THE ROCK OF JESUS MISSIONARY BAPTIST CHURCH

SUNDAY SERVICES/WEEKLY ACTIVITIES

10:30 a.m. Worship Service
9:00 a.m. Breakfast (First Sunday only)
9:30 a.m. Sunday School (First Sunday Only)
Sunday School 9:15 a.m. / Devotion 10:15 a.m.
Praise & Worship 10:20 a.m. / Worship Services 10:30 a.m.
Saints of Prayer - Monday 12:00 noon
Weekly Bible Study - Tuesday 6:30 p.m.
Adult Choir Rehearsals - Thursday 6:30 p.m.

Van service is available by calling: (727) 327-0015

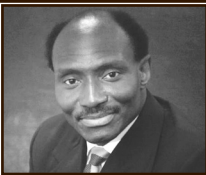
THE ROCK OF JESUS IS LOCATED AT:
3940 – 18th AVE. S., St. Petersburg, Florida
Telephone: 727-327-0015 • Fax: 727-327-0021
Email: rojmbc@knology.net
Office Hours: Tues. & Thurs. 10 a.m. - 5 p.m.



Rev. Frank W. Peterman, Jr.
Pastor

Friendship Missionary Baptist Church

3300 31st St. S., St. Petersburg, FL 33712
(727) 906-8300 www.fmbctheship.net
Email: fmbc3300@verizon.net



Dr. John A. Evans, Pastor

WORSHIP EXPERIENCES

Sunday Worship7:45 a.m. and 10:45 a.m.
Sunday School.....9:30 a.m.
WednesdayNoonday Wednesday in the Word and Bread of Life
7:00 p.m. Prayer and Wednesday in the Word
7:00 p.m. Youth Enrichment

Our Mission: Friendship Missionary Baptist Church is a family of believers in Christ, reaching out to the world, preaching the gospel to the unsaved and teaching the saved to serve by demonstrating the Love of Christ.



511 Prescott Street South • St. Petersburg, FL 33712
(727) 898-2457 • unitytruth1957@gmail.com
WWW.UNITYTRUTH.COM



Dr. Doral R. Pulley
Spiritual Leader

WEEKLY SERVICES

Sundays: 8:45 am Christian Education
9:45 am Meditations & Devotions
10:00 am Morning Worship
(Children's Church Available)

Tuesdays: 6:30 pm Bible Study

Thursday: 6:30 pm Prayer & Healing Service

CHURCH NEWS

St. Mark MBC

Let not your heart be troubled: ye believe in God, believe also in me. John 14:1

St. Mark Missionary Baptist Church, Pastor Brian K. Brown and members give thanks to God for his continual mercy, grace and abundant blessings.

With the Church's 87th Anniversary fast approaching, Pastor Brown's message mirrored this year's theme 'Rejoice'. The message reminded us of the many things that God has provided to us which give us reason to rejoice. The scripture was Philippians 4:4-13. The message focused on these points: I will rejoice because . . . (1) I am not forsaken because of his presence; (2) I am not fearful because of His promises; (3) I am not frustrated because of His philosophy, (4) I am not feeble because of His power and (5) I am not failing because of His provision. Paul was in a prison when he wrote the book of Philippians and didn't know whether he would live or die yet he says Rejoice in the

Lord always, and again I say, Rejoice. We too can take on Paul's attitude and outlook as we consider the points raised in the message. Our doors are open, and an invitation is extended to all to worship with us on Sundays and receive the full depth of each message.

Join us on Friday, September 14, @ 7:00 p.m. for St. Mark's version of Family Feud as Mt. Calvary comes over for some friendly competition. The evening promises great fun and lots of laughs. Continuing with our 87th year of existence, we're having another Pre-Anniversary service on September 23rd as the 'Ship', Friendship M.B. Church, sails over to worship and celebrate with us.

In addition to the celebrations for the anniversary, St. Mark will be journeying over to Highland Missionary Baptist Church in Tampa on September 16 @ 4:00 for their Pastor's 23rd Appreciation Service and will be participating in the 5th Sunday

Congress at New Mt. Sinai on September 26 – 28.

It's finally here, the Brotherhood Ministry's fishing and mentoring trip for young men 8-18 on September 15 from 8:00 a.m. to noon. We're looking forward to hearing all the fish tales about the ones that got away!

Weekly Events:
Sunday School - Sundays @9:30 a.m.
Worship Service - Sundays @10:45 a.m.
Young Adult Ministry (YAMS) - Sundays @9:30 a.m.
Senior Hour of Power Bible Study - Wednesdays @9:30 a.m.
Prayer Meeting and Bible Study - Wednesdays @ 7:00 p.m.

As we strive to give God our utmost praise for the awesome gift of His Son, Jesus Christ we extend to our community an invitation to share in our praise and in our pursuit of Creating a Bible-Based Haven of Hope, Help, and Healing.

Pastor's Corner

BY REV. DR. DORAL R. PULLEY,
SPIRITUAL LEADER
Unity Temple of Truth Church



Do you know what salvation really means?

For as the body without the spirit is dead, so faith without works is dead also." James 2:26

God sent Jesus Christ to be our Wayshower, our example of what it means to be fully human and fully divine. Jesus Christ went through every stage of the life cycle to show us how to live the abundant life. He said, "I have come that you might have life and that more abundantly (John 10:10)." Jesus Christ also demonstrated for us how to experience eternal life in all of its various forms. He said, "I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand (John 10:28)."

The life cycle has nine stages: pre-existence with God, birth, life, ministry, death, burial, resurrection, ascension and Second Coming. Salvation is the awakening of our consciousness to the truth God is with us,

has always been with us and will always be with us through every stage of life. We are never alone. Salvation is the unstopping of our ears so that we can hear the truth that God has spoken, "I will never leave you nor forsake you (Hebrews 13:5)." Salvation is the opening of our eyes to the truth that God is in us, flows through us and functions as us in this universe. Jesus Christ gave access to the true meaning of life and said, "the water that I shall give him shall be in him a well of water springing up into everlasting life (John 4:14)."

It's just like receiving a credit card or an ATM card in the mail. The funds are available for us. However, unless we call the number or go to the ATM machine to activate the card, the funds are just sitting in the bank. Salvation has been made available for all of us but unless we put our faith in action by activating it, it is of no use to us.

Friendship MBC

Consider this your Official Boarding Pass. Where, Dr. John A. Evans, Sr., Pastor/Captain and First Lady Teresa L. Evans (have a heart for the people), the Official Family and Members welcome you aboard the SS Friendship Missionary Baptist Church (The Ship), we trust that your time with us, first as an honored visitor/guest and if the Lord says so, become a part of our Church Family. We set sail every Wednesday starting our with our Bread of Life Ministry at 11:00 am, followed by Wednesday in the Word (the Learning Arm of our church) at 12:00 noon and again at 7:00 pm. We drop our Anchor until Sundays, where we set sail again with our Early Morning Worship Service at 7:45 am, Church Sunday School (the Teaching Arm of our faith) begins at 9:30 pm and finally our Mid Morning Worship Service at 10:45 am. All are Welcomed to use this Boarding Pass to experience the "It's just nice to be nice" church. Don't sit out church, God has Blessed us to much, we owe Him at least a Thank You.

"The Ship" won't sail without You! For additional information on any of the announcements, please contact us by the following methods: Friendship Missionary Baptist Church, 3300 31st Street South, St. Petersburg, Florida 33712 - Church Office: (727) 906-8300 - E-Mail: fmbc3300@verizon.net - NOW "Live Streaming": Visit us – Website: www.fmbctheship.net - Facebook - Friendship Missionary Baptist Church and WCBDA Website: www.expericencethecoast.com

Transportation is available - Call the Church at (727) 906-8300 – Monday – Friday from 9:00 AM – 3:00 PM.

REVIVAL AT THE SHIP CHURCH SCHEDULED EVENTS

Thursday, September 13, 2018 at 7:00 pm – Pastor is encouraging all members of the following Ministries to attend this special call Music and Arts Vision Casting Ministry meeting : Adult Choir, Male Chorus, Adult Dance Ministry, Youth Dance Ministry, and Youth Choir. Guest Facilitator is Dr. Kevin Parrott.

REVIVAL-RENEWED-RESTORED

Scripture: (Luke 15:1-32)

September 17-19, 2018 at 7:00 pm Nightly
Those in Service: Adult Mass Choir, Male Chorus and the Ushers Ministries.
Our Guest Evangelist Pastor Christopher A. Wimberly, Sr.

The Honored Pastor of the Hunter Hill Baptist Church of Atlanta, Georgia
Sunday, September 23, 2018 at 4:00 pm – Fellowship with St. Mark Missionary Baptist Church, 1301 37th Street South, Rev. Brian K. Brown, Pastor, Pastor Evans is asking that the Adult Mass Choir, Male Chorus and 2nd Sunday Ushers to Serve, let us show up in big numbers to help St. Mark in their Celebration of their 87th Church Anniversary and the Mortgage Burning.

Monday, September 24, 2018 at 7:00 pm 21/41 Pastor's and First Family Appreciation Celebration, Prayer and Planning Meeting, All interested members are encouraged to attend.â

BACK TO CHURCH Weekend

SEPTEMBER 15-16, 2018

You belong here!

SATURDAY 1PM - 3PM
We're Having a COCKOUT!

DELL HOLMES PARK
2741 22nd Street South
St. Petersburg, FL 33712

SUNDAY
MEDITATION
9 AM - w/ Michael King
CONTINENTAL BREAKFAST
9:30 AM - Fellowship Hall
PRaise & WORSHIP
9:55 AM - Pop-Up Choir
Join us for an Awesome Worship Experience!

UNITY - A PLACE TO BELONG

511 Prescott Street South | St. Petersburg, FL 33712
 WWW.UNITYTRUTH.ORG Dr. Doral R. Pulley, Spiritual Leader

Fun & Games Night

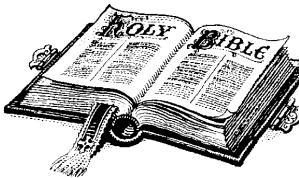
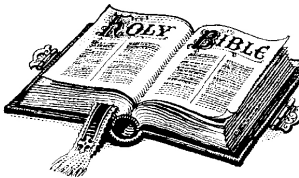
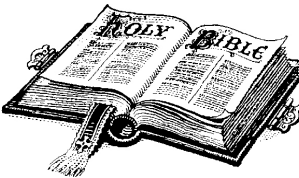
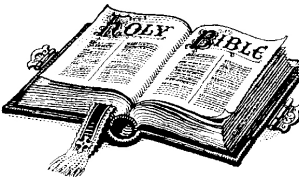
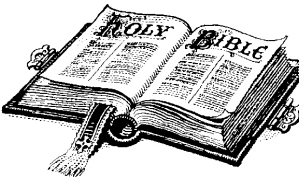
7 pm - 9 pm
Every Third Friday

Hosted By the
FACILITIES COMMITTEE

- Bring snacks, food and drinks to share
- Enjoy a night of Fun & Fellowship
- Love offering collected to support our "Raise the Roof" campaign

Held in the Rev. Catherine & James Brooks Fellowship Hall

511 PRESCOTT STREET SOUTH | ST. PETERSBURG, FL 33712
 WWW.UNITYTRUTH.ORG



COMMUNITY NEWS

JORDAN PARK NEW CONTRUCTION AND REHABILATATION PROJECT



JOIN US

“GET PREPARED FOR UPCOMING PROJECT OPPORTUNITIES”

WHEN

September 20, 2018
5:30 PM to 7:30 PM

WHERE

St. Petersburg College Midtown Center
1300 22nd Street South
Petersburg, FL 33712

WHO

St. Petersburg Housing Authority and
Norstar Development USA

WHY

Learn what you need to know to be ready for
this project (Certifications, Bonding, Insurance,
Financing, Networking, and more).



WHO SHOULD ATEND

- Contractors
- Subcontractors
- M/WBE Certified Firms.
- Section 3 Business Concerns

QUESTIONS

Charlotte Thomas,
ARIEL Business
Group, Inc.
813-207-0003
ext.105



Opportunity Starts Here

www.pcsb.org/myptc

**Our mission is to provide students
the opportunity to develop national
workplace competencies to fill the
needs of business and industry.
Vision: To be our community's first
choice for workforce training.**

ADMISSIONS

New classes start five times per year: August,
October, January, April and June.

1. Take the TABE (Test of Adult Basic Education).
2. Meet with a counselor to discuss your TABE results,
program interests and requirements.
3. You may visit your program(s) of interest.
4. Apply for Financial Aid.
5. Complete registration form, confirm your
residency status, and pay for class.

FINANCIAL AID

- Financial aid, which consists of Federal and State grants,
and scholarships, is available to those who
qualify and can help cover the cost of a Pinellas
Technical College education.
- To apply for financial aid, complete the application
at www.fafsa.gov. The School Codes are 005605
(Clearwater campus) and 013917 (St. Petersburg campus).
- Veterans and other eligible students may use their
Veterans (VA) benefits, including the Montgomery GI Bill
and Post 9/11 GI Bill, at Pinellas Technical College.
- Pinellas Technical College accepts Florida Prepaid and the
Florida Bright Futures Scholarship.

TWO CAMPUS LOCATIONS

Clearwater Campus
6100 154th Ave. N.
727-538-7167

St. Petersburg Campus
901 34th Street S.
727-893-2500

Accreditation by: Council on Occupational Education (COE) 7840 Roswell Road,
Building 300, Suite 325, Atlanta, Georgia 30350 770-396-3898 or 800-917-2081 and Southern
Association of Colleges and Schools Council on Accreditation and School Improvement
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