



Your Guide to this Week's Happenings at USFSP

October 28, 2012 - November 3, 2012

WELLNESS WEEK @ USFSP

Monday 29<sup>th</sup>

- 12pm Harborside Lawn: Hatha Yoga
- 6:15pm Fitness Center - BOOT CAMP

Tuesday, 30<sup>th</sup>

- 11am-1pm Harborwalk. Wellness Screenings & Healthy Bulls Bungalow
- 2pm, DAVIS 130. USFSP Honors Program presents Mia Bloom, an author and leading terrorism scholar, presenting on her latest book, Bombshell: Women and Terrorism.
- 6pm Harborside Lawn. Power Yoga (bring towel, mat & water)

Wednesday, 31<sup>st</sup>

- 11am-2pm Harborwalk. Health & Wellness Services including FLU SHOTS (limited), free chair massages, as well as info on preventative care, nutrition and so much more!
- 12pm USC Ballroom – Keith Boykins – Book signing & presentation. Keith will share stories of real people coming of age, coming out, dealing with religion and spirituality, seeking love and relationships, finding their own identity in or out of the LGBT community, and creating their own sense of political empowerment
- 3 – 5pm – USC BALLROOM – Student Government General Assembly
- 3pm Poynter Library. Halloween Costume Contest & Party
- 8pm – 11pm HARBOR HALL. Haunted House

Thursday, 1<sup>st</sup>

- 10am- 3pm Harborwalk. Clothesline Project by CASA
- 4pm Recreation Fields. Intramural Pick Up Soccer

Friday, 2<sup>nd</sup>

- 6:15pm Fitness Center. BOOT CAMP

Saturday, 3<sup>rd</sup>

- 7pm. Raymond James Stadium. USFOOTBALL vs UCONN