1985

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Internat. J. Math. & Math. Sci.
Vol. 8 No.4 (1985) 625-633

CONVEX CURVES OF BOUNDED TYPE

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(Received November 30, 1984)

ABSTRACT. Let C be a simple closed convex curve in the plane for which the radius of curvature ρ is a continuous function of the arc length. Such a curve is called a convex curve of bounded type, if ρ lies between two fixed positive bounds. Here we give a new and simpler proof of Blaschke's Rolling Theorem. We prove one new theorem and suggest a number of open problems.

KEY WORDS AND PHRASES. Convex curve, bounded type, perimeter centroid, Blaschke's Rolling Theorem, parallel curves, mass distribution on a curve.
1980 AMS SUBJECT CLASSIFICATION CODE. 52A10, 52A00.

1. INTRODUCTION.

Let C be a simple closed convex curve in the plane. Such curves have been the subject of numerous studies[1, 2, 3, 5, 6, 7, 8, 12, 14, 15, 19, and 24] to cite only a few. Here we will refine the objects of study by looking at certain subsets. Throughout this paper C is a simple closed convex curve in the plane for which the radius of curvature ρ is a continuous function of arc length. Our refinement consists of putting upper and lower bounds on ρ.

Definition 1. We say that C is a convex curve of bounded type if there are constants R_1 and R_2 such that

$$0 < R_1 \leqq \rho \leqq R_2 \tag{1.1}$$

at every point of C. We let $CV(R_1,R_2)$ denote the set of all such curves that satisfy (1.1) for fixed R_1 and R_2.

Theorems about the class $CV(R_1,R_2)$ appear in the literature (see for example Theorem 3), but as far as I am aware, this class has not been given a specific name and symbol until now. In this work we are concerned with one type of question, namely how close can C come to its "center" and how far away from its "center" can C go.

The center can be defined in various ways. For example the center of mass of the region bounded by C when the region has a uniform mass distribution. Or the center could be the center of mass of the curve C when the mass is distributed either uniformly or as some other function of s the arc length on C. In any case we can take the origin as the center of mass without loss of generality. For each fixed curve in $CV(R_1,R_2)$ set

$$D_1 = \min_{P \varepsilon C} |OP|, \qquad \text{and} \qquad D_2 = \max_{P \varepsilon C} |OP| . \tag{1.2}$$

Our main result is

Theorem 1. Suppose that $C \in CV(R_1, R_2)$ and the center is the center of mass of the curve C. If the mass distribution on C is uniform, then

$$R_1 \leqq D_1 \leqq D_2 \leqq R_2. \tag{1.3}$$

The two circles of radius R_1 and R_2 show that the inequality (1.3) is sharp.

Bose and Roy [6] call this center the <u>perimeter</u> <u>centroid</u>.

In section 2 we review some facts about parallel curves and we give a new proof of Blaschke's Rolling Theorem [3, pp. 114-116]. In section 3 we prove Theorem 1. In section 4 we suggest some topics for further research on the set $CV(R_1,R_2)$.

2. PARALLEL CURVES.

Let $C \in CV(R_1,R_2)$. We select the parameter s (arc length) so that s increases as the point $P = P(s)$ traverses C in the counterclockwise direction. Let ϕ denote, as usual, the angle that the unit tangent $\underline{T}$ makes with the positive x-axis, and let $\underline{N}$ be the unit inward normal to C at the point $P = P(s)$. We recall that

$$\frac{dx}{ds} = \cos\phi, \qquad \frac{dy}{ds} = \sin\phi, \tag{2.1}$$

$$\underline{T} = \frac{dx}{ds}\underline{i} + \frac{dy}{ds}\underline{j} = (\cos\phi)\underline{i} + (\sin\phi)\underline{j}, \tag{2.2}$$

and

$$\underline{N} = (-\sin\phi)\underline{i} + (\cos\phi)\underline{j}. \tag{2.3}$$

If $\underline{V} = \underline{V}(s)$ is the vector equation of C we introduce a second curve C* defined by the vector equation $\underline{V}^* = \underline{V}(s) + A\underline{N}$, where A is a constant. The curve C* is said to be <u>parallel</u> to C, see [13 pp. 80-84, 18 p. 67, and 19]. Fig. 1 shows a number of curves parallel to the ellipse $x^2/9 + y^2/4 = 1$. The curve C* is also a Bertrand mate of C, although the term Bertrand curve usually refers to twisted curves in space [4, p. 35].

If $P(x,y)$ is a point on C and $P^*(x^*,y^*)$ is the corresponding point on the parallel curve C*, then

$$x^* = x - A\sin\phi \quad \text{and} \quad y^* = y + A\cos\phi. \tag{2.4}$$

If $\kappa = 1/\rho$ is the curvature of C at P, then $\kappa = d\phi/ds$ and from (2.4) and (2.1)

$$\frac{dx^*}{ds} = \frac{dx}{ds} - A\kappa\cos\phi = (1-A\kappa)\cos\phi, \tag{2.5}$$

and

$$\frac{dy^*}{ds} = \frac{dy}{ds} - A\kappa\sin\phi = (1-A\kappa)\sin\phi. \tag{2.6}$$

We let s^*, κ^*, and ρ^* denote, arc length, curvature, and radius of curvature at the corresponding point on C*. Then (2.5) and (2.6) give

$$\left(\frac{ds^*}{ds}\right)^2 = \left(\frac{dx^*}{ds}\right)^2 + \left(\frac{dy^*}{ds}\right)^2 = (1-A\kappa)^2. \tag{2.7}$$

If $R_1 < A < R_2$, then the curve C* may have cusps as shown in Fig. 1. If $A < R_1$ we set $ds^*/ds = 1 - A\kappa > 0$. If $A > R_2$ then $1 - A\kappa < 0$ and we set $ds^*/ds = |1-A\kappa|$. Thus in either case s^* and s increase together. In the first case, $A < R_1$, we have

$$\begin{aligned}\underline{T}^* &\equiv \frac{d\underline{V}^*}{ds^*} = \frac{d\underline{V}^*}{ds}\frac{ds}{ds^*} = [(1-A\kappa)\cos\phi\,\underline{i} + (1-A\kappa)\sin\phi\,\underline{j}]\frac{1}{1-A\kappa} \\ &= (\cos\phi)\underline{i} + (\sin\phi)\underline{j} = \underline{T}.\end{aligned} \tag{2.8}$$

If $A > R_2$, then the same type computation gives $\underline{T}^* = -\underline{T}$.

Lemma 1. If $A < R_1$, then the directed tangents at corresponding points of C and C* are parallel and point in the same direction. Further $\underline{N}^* = \underline{N}$. If $A > R_2$, then $\underline{T}^* = -\underline{T}$ and $\underline{N}^* = -\underline{N}$.

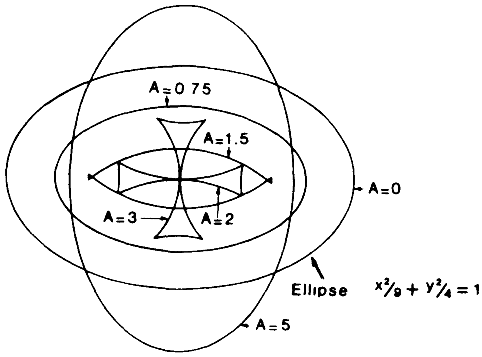

Figure 1

Lemma 2. If $C \in CV(R_1, R_2)$ and $A < R_1$, then C^* is locally convex and at corresponding points $\rho^* = \rho - A$.

By locally convex we mean $\phi^{*\prime}(s^*) > 0$ at each point of C^*.

Proof. From Lemma 1 we have $\phi^* = \phi$ at corresponding points. Hence, for the curvature

$$\kappa^* = \frac{d\phi^*}{ds^*} = \frac{d\phi}{ds^*} = \frac{d\phi}{ds}\frac{ds}{ds^*} = \kappa \frac{1}{1-A/\rho}. \tag{2.9}$$

Thus $\kappa^* > 0$ whenever $\kappa > 0$, and C^* is locally convex. Further

$$\rho^* = \frac{1}{\kappa^*} = \frac{1-A/\rho}{\kappa} = \rho\ (1 - \frac{A}{\rho}) = \rho - A. \tag{2.10}$$

Of course $\rho^* = \rho - A$ is geometrically obvious from the definition of C^*. Q.E.D.

If $A > R_2$, the factor $1/(1-A/\rho)$ in (2.9) is replaced by $\rho/(A-\rho)$. Again C^* is locally convex, but in this case $\rho^* = A - \rho$.

It is geometrically obvious that if $A < R_1$ or $A > R_2$, then C^* is a simple closed curve. It seems that a direct proof is rather elusive. The difficulty may lie in the following example. Let C^* be the image of $|z| = 1$ under the complex function $f(z) = z + z^2$. Then C^* is convex in the sense that $\kappa^* > 0$ at every point, so C^* is locally convex. But this curve fails to be simple. Nevertheless we have

Theorem 2. If $C \in CV(R_1,R_2)$ and $A < R_1$ or $A > R_2$, then C^* is a simple closed convex curve. If $A < R_1$, then $C^* \in CV(R_1^*, R_2^*)$, where

$$R_1^* = R_1 - A, \quad \text{and} \quad R_2^* = R_2 - A. \tag{2.11}$$

If $A > R_2$, then $C^* \in CV(R_1^*, R_2^*)$, where

$$R_1^* = A - R_2, \quad \text{and} \quad R_2^* = A - R_1. \tag{2.12}$$

Proof. We have already seen that C^* is locally convex, but the example shows this is not sufficient to prove that C^* is simple. On C^* let

$$\Delta\phi^* = \phi^*(L^*) - \phi^*(0) = \int_0^{L^*} \frac{d\phi^*}{ds^*}ds^*, \tag{2.13}$$

where L^* is the length of C^*. We make a change of variables from s^* to s. If $A < R_1$, then $\phi^* = \phi$ and

$$\frac{d\phi^*}{ds} = \frac{d\phi}{ds}. \tag{2.14}$$

Then (2.13) gives

$$\Delta\phi^* = \int_0^{L^*} \frac{d\phi^*}{ds}\frac{ds}{ds^*}\ ds^* = \int_0^{L} \frac{d\phi^*}{ds}\ ds = \int_0^{L} \frac{d\phi}{ds}\ ds = \int_0^{L} d\phi = 2\pi. \tag{2.15}$$

Since C^* is locally convex and $\Delta\phi^* = 2\pi$, we see that C^* is a simple curve.

If $A > R_2$, then $\phi^* = \phi + \pi$. Hence (2.14) is still true and the proof remains valid. The relations (2.11) and (2.12) follow from $\rho^* = \rho - A$ and $\rho^* = A - \rho$ respectively. Q.E.D.

Theorem 3. Let $C \in CV(R_1,R_2)$ and let K be a circle tangent internally to C at any point P_0 of C. If K has radius R_1, then K is contained in C. If K has radius R_2, then K contains C.

This theorem is often called Blaschke's Rolling Theorem, because it states that (a) a circle of radius R_1 can roll around the inside of C, and (b) a circle of radius R_2 can roll around the outside of C. Blaschke has extended his theorem to 3-dimensional space [3, p. 118]. For further work on this theorem, and various extensions see [11, 17, 20, and 22].

To be precise the phrase "internally tangent" means that K is tangent to C at P_0 and the center of K lies on the inward normal to C at P_0. Thus the location of the center is given by equation set (2.4) with A replaced by R_α the radius of the tangent circle ($\alpha = 1,2$). We say that K is contained in C if K is contained in the closure of the region bounded by C. Further K contains C, if C is in the closed disk bounded by K.

Proof of Theorem 3. We first show that the curve C cannot cross the circle K in a neighborhood of P_0, the point of contact. Without loss of generality let P_0 be the origin and let K and C be tangent to the x-axis at the origin. Further suppose that both the circle and the curve lie above the x-axis, except at the origin. In this position the lower half of the circle will have equation

$$Y = R - \sqrt{R^2-x^2}, \qquad -R \leqq x \leqq R. \tag{2.16}$$

If $y = f(x)$ is the equation of C in a suitable neighborhood, $I : -\varepsilon \leqq x \leqq \varepsilon$, then we have $f'(x)\,\mathrm{sgn}\,x \geqq 0$ and $f''(x) \geqq 0$ in I.

Lemma 3. Suppose that $\rho \geqq R$ in I, where ρ is the radius of curvature on C. Then, under the conditions described above

$$y(x) \leqq Y(x) = R - \sqrt{R^2-x^2}, \qquad x \in I.$$

Thus in I, the curve C cannot cross from outside to inside K, but of course C may coincide with K. We omit the proof of Lemma 3, but it follows directly from two integrations, starting with the inequality

$$\frac{1}{\rho} = \frac{y''(x)}{[1+(y'(x))^2]^{3/2}} \leqq \frac{1}{R}\,. \tag{2.17}$$

By reversing the inequality signs we have

Lemma 4. Suppose that $\rho \leqq R$ in I. Then under the conditions on K and C described above

$$y(x) \geqq Y(x) = R - \sqrt{R^2-x^2}, \qquad x \in I.$$

Thus in I, the curve C cannot cross from inside to outside K, but of course C may coincide with K.

From these two lemmas we see that if $R = R_1$ or $R = R_2$, then C cannot cross into or out of K in a neighborhood of a point of tangency. To complete the proof of Theorem 3, we must obtain this same result in the large.

First suppose that K has radius R_1 and is tangent internally to C at P_0. If K is not contained in C, then K crosses C at a point P_2 distinct from P_0. Then we may find a smaller circle K_0 with radius $R_0 < R_1$, and such that K_0 is tangent internally to C at P_0, and is tangent to C at another point P_1, see Fig. 2.

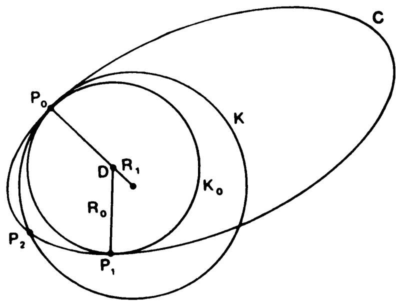

Figure 2

Now consider the parallel curve C^* with $A = R_0 < R_1$. By Theorem 2, this curve is a simple close curve. On the other hand, the center D of the circle K_0 is at least a double point of C^* because it is the corresponding point for both P_0 and P_1. Hence we have a contradiction.

For the second part of Theorem 3 let K be a circle with radius R_2 and tangent internally to C at P_0. If K does not contain C, then K crosses C at a point P_2 distinct from P_0. Then we may find a larger circle K_0 with radius $R_0 > R_2$ and such that K_0 is tangent internally to C at P_0 and is tangent to C at another point P_1. Again consider the parallel curve C^* with $A = R_0 > R_2$. By Theorem 2 this curve C^* is a simple closed curve. Just as before we obtain a contradiction because D the center of K_0 is at least a double point on C^*. Q.E.D.

Corollary 1. Let L(C) denote the length of C and let A(C) denote the area of the region enclosed by C. If $C \in CV(R_1,R_2)$, then

$$2\pi R_1 \leqq L(C) \leqq 2\pi R_2, \tag{2.18}$$

and

$$\pi R_1^2 \leqq A(C) \leqq \pi R_2^2. \tag{2.19}$$

The circles of radius R_1 and R_2 show that both of these inequalities are sharp.

The inequalities (2.18) and (2.19) are well known, see for example [1, p. 352], [15], and [16, Vol. 1, pp. 529 and 548].

3. PROOF OF THEOREM 1.

Let $C \in CV(R_1,R_2)$ and let $\mu(s)$ be a mass distribution of C. We exclude the trivial case in which all of the mass is concentrated at one point. Then the center of mass will be an interior point of the region bounded by C. Without loss of generality we select the center of mass to be the origin. If L is the length of C, then

$$\int_0^L x(s)\mu(s)ds = 0, \qquad \text{and} \qquad \int_0^L y(s)\mu(s)ds = 0 \tag{3.1}$$

Now consider the parallel curve C^* where $A < R_1$, and let $\mu^* = \mu^*(s^*)$ be a mass distribution on C^*. Then the moments M_x^* and M_y^* are given by

$$M_y^* = \int_0^{L^*} x^*(s^*)\mu^*(s^*)ds^*, \tag{3.2}$$

and

$$M_x^* = \int_0^{L^*} y^*(s^*)\mu^*(s^*)ds^*. \tag{3.3}$$

The change of variable from s^* to s yields

$$M_y^* = \int_0^L (x - A\frac{dy}{ds})\ \mu^*\ (s^*(s))(1 - \frac{A}{\rho(s)})ds, \tag{3.4}$$

and

$$M_x^* = \int_0^L (y + A\frac{dx}{ds})\ \mu^*\ (s^*(s))(1 - \frac{A}{\rho(s)})ds. \tag{3.5}$$

We now specialize, by setting $\mu(s) = 1$ on C and selecting $\mu^*(s^*)$ so that

$$\mu^*(s^*(s)) = \frac{1}{1 - A/\rho(s)} > 0. \tag{3.6}$$

Then (3.4) and (3.5) give

$$M_y^* = \int_0^L (x - A\frac{dy}{ds})ds = \int_0^L x\ ds - A\int_C dy = 0,$$

and

$$M_x^* = \int_0^L (y + A\frac{dx}{ds})\ ds = \int_0^L y\ ds + A\int_C dx = 0,$$

from (3.1). Thus with the mass distribution (3.6), the center of mass of C^* is also at the origin. Since C^* is a simple closed convex curve, the origin lies inside C^* and hence $D_1 \geqq A$. Finally we note that A may be taken arbitrarily close to $R_1 \equiv \min|\rho|$ for points on C. Therefore

$$D_1 \geqq R_1. \tag{3.7}$$

To prove that $D_2 \leqq R_2$, we consider the parallel curve C^* where now $A > R_2$. For this curve equations (3.2)and (3.3) still hold. However, in this case we have

$$\frac{ds^*}{ds} = \frac{A}{\rho} - 1 > 0. \tag{3.8}$$

Thus in equations (3.4) and (3.5) we must replace the factor $1 - A/\rho$ by $A/\rho - 1$. If we select $\mu(s) = 1$ on C and μ^* on C^* so that

$$\mu^*(s^*(s)) = \frac{\rho(s)}{A - \rho(s)} > 0, \tag{3.9}$$

then this mass distribution will give $M_x^* = M_y^* = 0$. By Theorem 2, the curve C^* is a simple closed convex curve and the origin which is also the center of mass lies inside the region bounded by C^*.

Now let P be a point on C furthest from the origin. Then OP is normal to C at P. If P^* is the point on C^* corresponding to P, then PP^* is also normal to C at P. Hence the points P, O, and P^* are collinear.

Finally we observe that by Lemma 1, the directed tangents to C and C^* at the points P and P^* have opposite directions. Hence the origin is an interior point of the line segment PP^*. Therefore, $|OP| < |PP^*| = A$. Since A may be taken arbitrarily close to R_2, we have $D_2 \leqq R_2$. Q.E.D.

4. FURTHER QUESTION FOR STUDY.

We observe that the inequality $R_1 \leqq D_1 \leqq D_2 \leqq R_2$ is sharp for the circles of radius R_1 and R_2. But in each extreme case ρ does not vary throughout the interval $[R_1, R_2]$ but instead is a constant at one end of the interval. The question naturally arises, can we find better bounds for D_1 and D_2 ρ is a continuous function of s whose values fill out the interval $[R_1,R_2]$. A first candidate for consideration is the ellipse $x = a\cos t$, $y = b\sin t$, $0 \leqq t \leqq 2\pi$, with $0 < b < a$. If we set

$$b = (R_1{}^2R_2)^{\frac{1}{3}}, \qquad \text{and} \qquad a = (R_1R_2{}^2)^{\frac{1}{3}}, \tag{4.1}$$

then ρ fills out the interval $[R_1,R_2]$. Further $D_1 = b$ and $D_2 = a$, so the expressions in (4.1) may appear as the proper lower and upper bounds for D. If true, this would improve the bounds R_1 and R_2 given in Theorem 1. However, by piecing together arcs of circles, we can show that no better bounds than $R_1 \leqq D_1 \leqq D_2 \leqq R_2$ can be obtained. To see this, we give C only in the first quadrant and complete the curve by reflecting C in the x- and y-axes.

Let C_1 and C_2 be the two arcs defined by

$$\begin{aligned} &x = a + R_1\cos t, && x = R_2\cos t,\\ &y = R_1\sin t, && y = -b + R_2\sin t,\\ &0 \leqq t \leqq T, && T \leqq t \leqq \pi/2, \end{aligned} \tag{4.2}$$

respectively. The endpoints of the two arcs will meet when $t = T$ if we select $a = (R_2-R_1)\cos T$ and $b = (R_2-R_1)\sin T$ where $0 < R_1 < R_2$. If we compute the first derivative for the two arcs at $t = T$, they will not be equal, but the tangent vectors will be parallel, so that for this choice of a and b, the curve $C = C_1 \cup C_2$ is a smooth curve. Further $\rho = R_1$ on C_1 and $\rho = R_2$ on C_2. Finally $D_1 = R_1\sin T + R_2(1-\sin T)$ and $D_1 \to R_1$ as $T \to \pi/2$. Similarly $D_2 = R_2\cos T + R_1(1-\cos T)$ and $D_2 \to R_2$ as $T \to 0$. Thus no better bounds than $D_2 \leqq R_2$ and $D_1 \geqq R_1$ can be proved under the hypotheses stated. Of course ρ is <u>not</u> continuous in a neighborhood of P(T), where C_1 and C_2 meet, but it is merely a matter of labor to alter the curve slightly at P(T) to make ρ continuous.

Perhaps some better bounds for D_1 and D_2 can be obtained if we impose a further restriction that the average values of ρ over the curve be a fixed number such as $(R_1+R_2)/2$.

One can also examine the problem of finding sharp bounds for D_1 and D_2 if the mass distribution has some fixed pattern, other than uniform. For example, Steiner [23], and [24, pp. 99-159] has considered curves in which the mass distribution on C is proportional to the curvature at each point of C. More generally one can select the mass distribution to be some other function of $\kappa = 1/\rho$.

One can also consider Theorem 1, when the center of mass of C is replaced by the center of mass of the region enclosed by C. With this replacement, Theorem 1 was proved earlier by Nikliborc [21] and Blaschke [2]. It is reasonably clear that the center of mass of a curve C is in general different from the center of mass of the region enclosed by C, but it may be of interest to examine a particular example.

Let C be $f(|z|=1)$ under $f(z) = z + az^2$, where $0 < a < 1/4$. Then C is symmetric with respect to the x-axis and if the mass distribution is uniform on C then the center of mass will be on the x-axis. Hence it suffices to compute the x-coordinate. Let $\tilde{x}_d$ and $\tilde{x}_C$ denote this coordinate for the domain center of mass and the curve center of mass respectively. As easy computation gives

$$\tilde{x}_d = \frac{a}{1+2a^2}. \tag{4.3}$$

A somewhat longer computation gives

$$\tilde{x}_C = \frac{M_Y}{L}, \tag{4.4}$$

where

$$L = \int_0^{2\pi} \sqrt{1+4a \cos \theta + 4a^2}\, d\theta, \tag{4.5}$$

and

$$M_Y = \int_0^{2\pi} (\cos \theta + a \cos 2\theta) \sqrt{1+4a \cos \theta + 4a^2}\, d\theta. \tag{4.6}$$

Hence

$$\tilde{x}_C = a(1 - \frac{5}{2}a^2 + \ldots).$$

It is clear that in general $\tilde{x}_d \neq \tilde{x}_C$.

We may distinguish a third center of mass $\tilde{x}_s$, which we will call the conformal strip center. Suppose that $f(z)$ maps E conformally onto D, with $f(0) = 0$. Set $\tilde{x}_s(r,1)$ the x-coordinate of the center of mass of the strip bounded by the curves $f(|z|=1)$ and $f(|z|=r)$, where $r < 1$. Then by definition

$$\tilde{x}_s = \lim_{r \to 1-} \tilde{x}_s(r,1). \tag{4.7}$$

An easy computation shows that if $f(z) = z + az^2$, $0 < a < 1/4$, and the mass distribution is uniform, then

$$\tilde{x}_s = \frac{2a}{1+4a^2}. \tag{4.8}$$

In this case $\tilde{x}_s \neq \tilde{x}_d$ unless $a = 0$. Further it is clear that in general $\tilde{x}_s \neq \tilde{x}_C$. This example suggests the problem of finding

$$\max |\tilde{x}_j - \tilde{x}_k|, \tag{4.9}$$

when C varies over the set $CV(R_1,R_2)$ and $j,k \in \{d,C,s\}$.

For other relations among various centers of mass, see Guggenheimer [10], and Kubota [19].

A computation, using $|z| = 1$ and

$$\rho = \frac{|zf'(z)|}{\mathrm{Re}(1+zf''(z)/f'(z))}, \tag{4.10}$$

shows that for $0 \leq a < 1/4$, the function $f(z) = z + az^2$ gives a convex curve $f(|z|=1)$ for which the radius of curvature is

$$\rho = \frac{(1+4a \cos \theta + 4a^2)^{3/2}}{1+6a \cos \theta + 8a^2}. \tag{4.11}$$

Extreme values of ρ occur when $\theta = 0$, $\theta = \pi$, and $\cos \theta = 2a$. Thus $z + az^2$ is in $CV(R_1,R_2)$ for

$$R_1 = \sqrt{1-4a^2}, \quad \text{and} \quad R_2 = (1-2a)^2/(1-4a).$$

One can also investigate the properties of normalized univalent functions that map the unit disk conformally onto a region bounded by a curve in $CV(R_1,R_2)$. Some elementary results in this direction have been obtained by the author [9].

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