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Passages in Caregiving : An Evening With Gail Sheehy

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The Nelson Poynter Memorial Library at USF St. Petersburg Presents:



Passages in Caregiving:

An Evening With Gail Sheehy

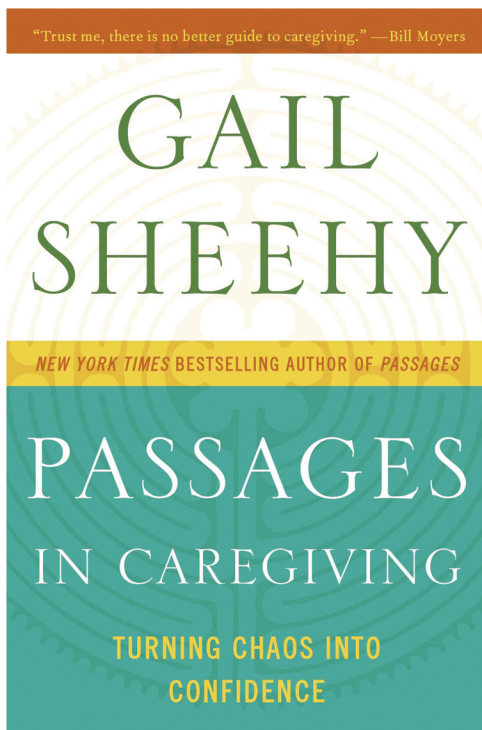
You are cordially invited to join us for an evening designed to give confidence and inspiration to caregivers of all ages

Wednesday, November 17, 2010 7 – 9 pm

**Steidinger Auditorium at the Fish and Wildlife Institute
100 Eighth Avenue Southeast, St. Petersburg, FL 33701**

Register online at <http://tinyurl.com/34ffcqq> or by phone at 727-510-2524 . Minimum Donation: \$10

Donations must be made at the door by check or credit card. No cash accepted. Please make checks payable to USF Foundation, Inc.



Book Signing to Follow

Millions of Americans today are members of the “Sandwich Generation,” finding themselves responsible not only for the care of their spouses and children, but for their aging parents and relatives as well. It’s a situation that is causing enormous stress for a nation already saddled with worry about its economic future and the costs – both financial and personal – of dealing with chronic illness and an aging population.

Gail Sheehy - who has experienced the caregiver’s journey herself while nursing her late husband through repeated battles with cancer - has interviewed thousands of American caregivers of all ages. In *Passages in Caregiving - Turning Chaos Into Confidence*, she walks caregivers through the emotional journey, stage by stage, to show them how to outwit our broken healthcare system and keep a loved one safe and satisfied, without sacrificing their own health and happiness.

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Parking is available in the USF St Petersburg garage, located on Fifth Avenue South, in between 2nd and 3rd Street South. Metered street parking is also available around the campus.