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## Library Newsletter : 1998 : 04 : 03

Nelson Poynter Memorial Library.

Deborah Boran Henry

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# Library Newsletter

volume 3(1)- 4(2)  
April 3, 1998

## Announcements & Gossip fit to print:

**Florida Library Association Annual Conference, Tampa, FL, April 27-31, 1998**

Sample tips from *Wellness Made Easy: 365 Tips for Better Health* from the University of California at Berkeley Wellness Letter. (Jackie Jackson)

1. Drink tea. It contains enough fluoride to help prevent tooth decay, and is also rich in substances called polyphenols, which act as antioxidants and thus may help protect against cancer.
2. Choose foods rich in vitamin C: an adequate intake of vitamin C may help protect against cancer and possibly other diseases. Besides oranges and their juice, the best sources of C are, in alphabetical order, asparagus, blackberries, broccoli, cabbage, cantaloupe, cauliflower, grapefruit, kale, kiwifruit, mangoes, mustard greens, peppers, raspberries, strawberries, tangerines, and tomatoes.
3. Remove the skin from chicken: this can cut the fat content by three-quarters and the total calories by half. Choose the breast instead of the thigh: skinless dark meat contains more than twice as much fat as skinless light meat.
4. If you have low-back pain, bed rest for a day or two is generally better than spending a week in bed. Protracted bed rest may be counterproductive. Most back experts also recommend that you begin to walk as soon as the acute pain subsides.
5. Don't store medication in the glove compartment. Temperatures there can be as much as 50\* higher than outdoors, quickening the deterioration of drugs. If you must keep medication in your car, place it in an insulated container on the floor, shielded from direct sunlight.
6. A good way to deal with excessive worrying is to contain or isolate it by setting aside a "worry period" every day. In one study, subjects who were self-confessed chronic worriers reported that pinpointing and isolating their worries this way decreased overall levels of fretting and anxiety.
7. If you get migraine headaches, an elastic headband may provide temporary relief. A study found that a headband (with two small rubber disks to apply consistent pressure over areas of maximum pain) provided at least partial relief in 60 out of 69 migraine headaches.
8. If you go hiking and worry about poison ivy, carry premoistened towelettes with you. If you think you have brushed against poison ivy, sumac, or oak, wipe your exposed skin with the towelettes (which contain a mild detergent) to remove the sap that causes the rash.
9. Clean your computer screen at least once a week. Dust, fingerprints, and other debris on the screen can make computer work more tiring and irritating for your eyes.
10. During a thunderstorm, don't bathe or shower and don't use the phone. If the building is struck by lightning, plumbing can conduct electricity, as can telephone equipment, even though the phone company uses protective measures to limit electrical surges.

For a fun read, take a look at Shirley Kennedy's column, *Internet Waves*, "New Year's Resolutions for the Web User" in the January 1998 issue of Information Today.

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### **Administrative News:**

Librarian Meeting, Wednesday, April 15, at 2 PM  
Staff Meeting, Wednesday, May 6, at 2 PM

Reminder: Campus Faculty meeting, Friday, April 24 at 11:30 a.m.  
Campus Faculty / Staff luncheon, Thursday, April 9.

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### **Automation News:**

From Ed:

This site provides links to instructions on how to dial up and how to configure a proxy.  
<http://www.lib.usf.edu/virtual/access/webluis.html>.

Reminder: To close Web sites without looking at them, press Alt-F4 to close one window, or right click on the gray area on the task bar and select "minimize all windows." Then right click to close each window on the task bar.

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### **AV News:**

#### *New Media in the library*

#### **Audio**

The Tale of the Body Thief

#### **Videos**

Adventure Travel in Israel

Annie Liebovitz: Celebrity Photographer

Bad Boys

Baryshnikov Dances Sinatra

The Boys of St. Vincent - (Parts 1 and 2)

Buddha of Suburbia

The Celluloid Closet

Coriolanus

Danny Boy

Denishawn: The Birth of Modern Dance

The Earth is Our Mother - Two Indian Tribes in South America

Easy to Love

Ellis Island (3 volume set)

Entrepreneurs

Fear and Favor in the Newsroom

Five Dances by Martha Graham

Flirting With Disaster

Flower of My Secret

G'Day Australia, Like Nothing Else on Earth

Gilda Radner: In Her Own Words

Grief

Gypsy  
 Healers of Ghana  
 I Want to be a Ballerina  
 Indonesia: Urban Development in Jakarta  
 Iraq: Cradle of Civilization  
 Isadora Duncan Dance  
 Jeffrey  
 Learn Microsoft Office 97  
 Lie Down With Dogs  
 Macumba, Trance and Spirit Healing  
 Martha Graham in Performance  
 Mexico City  
 Month By The Lake  
 More than Broken Glass: Memories of Kristallnacht  
 Morocco: the Past and Present of Djemma el Fna  
 Moving Mountains: The Story of The Yiu Mien  
 Multimedia Technology Video Series - (10 volume set)  
 The Music Lovers  
 Operating Audiovisual Equipment - (25 volume set)  
 Priscilla, Queen of the Desert  
 Rights of Passage  
 The Secret of Roan Inish  
 Shine  
 Tabloid Frenzy  
 To Wong Foo, Thanks for Everything! Julie Newmar  
 A Very Natural Thing  
 Votes for Women  
 When We Were Kings  
 Wonderful, Horrible Life of Leni Riefenstahl  
 Xeriscape It!: Xeriscape It's Growing Like Crazy  
 Yidl Mitn Fidle (Yidl with a Fiddle)  
 Yugoslavia Before the Fall  
**CD'S**  
 Come A Little Closer (Etta James)  
 Hourglass (James Taylor )

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**Circulation / Reserve News:**

From Jackie:

It is now possible for patrons to look up their own checked out Circulation records in WebLUIS:

- Click on WebLUIS on Virtual Library screen.
- Click on "WebLUIS - New Features to Test"
- Click on "View Your Own Library Record".
- Type in ID password (22102 or 20500 .... ) in first box.
- In second box type in the last four digits of your SS#
- You should see your records. Don't forget to exit

Sometimes a patron will come to the Circulation Desk and ask us to hold some books for them for a while (usually overnight) until they can come back with their ID, or

to continue their studying the next day. The ILL shelf has become so cluttered with these kinds of items there has been difficulty placing ILLs on the shelf. Also, as often as not the patron does not collect these items. As the service is getting a little out of hand, please follow these guidelines:

No more than 3 items and no longer than 24 hours. Clearly label the items with the patron's name and the DEADLINE date.

The Study Room key rack has been installed and in use. There are twelve keys in all, 6 for the 2nd Floor and 6 for the 3rd Floor. The only study rooms on these two floors that are not included are the Harry Schaleman Room on the 2<sup>nd</sup> Floor and the Faculty Study Room on the 3<sup>rd</sup> floor. Both of these rooms are the southernmost room on each floor. Please remind those students checking out keys that the time period is three hours, and then they need to renew. As the rooms are intended for groups, single occupants may be bumped or not renewed if a group is waiting for a room. We will continue to restrict the 1<sup>st</sup> floor study rooms to reservations only.

#### **New policy at Circulation:**

Do not accept any personal items "to be kept at Circulation" while the patron goes off and does his/her stuff, except to allow someone to go to their car to get their id/books, etc. or for some other very brief and pressing reason.

#### Your careful attention to the following, please:

There has been a significant number of wrong due date stamping. Several patrons have come in recently with overdue or fine notices resulting from the wrong date being used. Please pay attention (a) to the screen, and (b) to which stamp you use for which category of patron.

Over the past several months, many CD, video, and sound cassette boxes have been returned empty. Please check the contents of all items **before you discharge them.**

Some temporary journal item records are not being filled out correctly. Please take the time to fill out **one card for each item.**

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#### ***Reference Services News:***

From Tina:

The new windows version of Ethnic Newswatch is now on the stand-alone CDROM station. If you need help in using the database, there is a "Quick Reference Guide" at the reference desk.

The new *TBLC Resource Sharing Guide* is now located near the reference desk on the shelf below the Library of Congress Subject Headings. The *Guide* includes TBLC Library addresses, phone numbers, hours, ILL policies, etc. which might come in handy if you have patrons needing to visit a local library.

As a reminder, the *TBLC Union List of Serials* is also shelved in this area. It can also be useful for locating local holdings for periodicals. It includes DEP, Eckerd and SPJC so it can be very handy for directing patrons to local library collections.

ASFA is available on the Virtual Library through the OVID software. Please refer students to the Ovid version whenever possible since the CDROM version is a year and a half out of date.

We purchased the Ovid version for a limited number of simultaneous users. If a patron indicates that they are locked out of ASFA because of licensing restrictions, please let Tina know.

Standard numbers are searchable in the SUS catalogs:

Library of Congress Card Number (LCCN)	nl=92-1153
International Standard Book Number (ISBN)	nb=0123400503
International Standard Serial Number (ISSN)	ns=0012-0189
OCLC identification number	no=21234193

There are two electronic citation style sheets on the Bibliography Rack: MLA and APA. They will provide a starting point for citing online materials, especially Internet.

Karilyn compiled a Lexis-Nexis Universe list of sources, located in a large brown notebook at the reference desk. This will tell you if a title is indexed in L-N and will give you the dates of coverage. It will not tell you which menu/library the title is indexed in.

Reproducible Tax Forms for 1997 located on the Ready Reference shelf in two red binders.

From Monica Metz-Wiseman:

The SUS PSPC just approved a new database segmentation by year that will become effective August, 1998. Current files will begin in 1991-. Backfiles will end in 1990. It is anticipated that this break-out by year will become the standard for LUIS databases.

Additional databases to test drive under "What's New/Databases Under Consideration for Purchase" :

*Contemporary Women's Issues via FirstSearch*

*Education Abstracts Full-Text*

*HarpWeek*

*Standard & Poor's NetAdvantage*

*Patrologia Latina*

*Hoover's Online*

Added to the Virtual Library:

*LION (Literature Online) and Current Contents Connect*

From FCLA:

There are a number of WebLUIS enhancements listed below which can now be seen in TEST WEBLUIS (go to the WebLUIS Home Page and link to "WebLUIS - New features to test"). Many will be moving to production as soon as they can be scheduled, so you may want to take a look at them in order to be prepared.

1. HELP pages that are linked to from the toolbar.
2. Serial and multi-volume records, the text "Enter HO for holdings" has been replaced with a link to "Detailed Holdings".
3. "Arrow" images now replace the text "CONTINUED ON NEXT SCREEN ..." for moving FORWARD a screen in an INDEX, etc. display and "... CONTINUED FROM PREVIOUS SCREEN" for moving BACKward in an INDEX, etc.
4. Another long term objective has been to remove as many unnecessary links/commands as possible in order to help make the system less cluttered, confusing, and challenging for users to navigate.
5. Other things you may see if you look in TEST that are still at an earlier stage of testing include:
  - a. CALL NUMBER search redirect - when displaying a library catalog record, the call number may now be clicked to do a call number index search.
  - b. MAIL RESULTS: click on "Mail Results" and it tells you what to do and gives you an input box to do it in.

### **TBLC ILL Courier program**

The packages going out will be on a cart by the staff desk at circulation. A clipboard will also be there with a sheet for the driver to initial. He/she may leave a delivery slip for each package they pick up. If the driver should deliver a package, please place it on the cart. The driver will pick and deliver on Monday, Wednesday, and Friday.

Please contact Jan or Virginia if you should have any questions.

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### **Internet & other techie stuff:**

From Stephanie Bianchi at the NSF Library:

These five sites provide information related to the recently discovered asteroid 997XF11 and how close it will come to Earth in 30 years. (scary, uh!??!)

Asteroid 1997XF11: Close Encounter in 2028?

One-Mile-Wide Asteroid to Pass Close to the Earth in 2028-HSCA

<http://cfa-www.harvard.edu/iauc/06800/06839.html>

Asteroid Will Miss Earth by "Comfortable Distance" in 2028--NASA JPL

<http://www.jpl.nasa.gov/releases/98/asteroid.html>

Discovery Observation of 1997XF11--UA Spacewatch

<http://www.lpl.arizona.edu/spacewatch/1997XF11.html>

Near Earth Asteroid Tracking Home Page--NASA JPL

<http://huey.jpl.nasa.gov/~spravdo/neat.html>

Astronomers Track Down Asteroids in Hubble Archive--STSCI

<http://oposite.stsci.edu/pubinfo/pr/1998/10/>

Virginia found these on the Web:

<http://www.htmlgoodies.com/>

This site, provided by Joe Burns, contains a HTML-related tutorials for both beginning and advanced web developers.

<http://www.firstladies.org/>

National First Ladies Library: The electronic library allows you to browse through 40,000 books, letters, manuscripts, articles, etc. about and by the 43 First Ladies of the United States.

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*Many thanks to all the newsletter contributors!*

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